

# Passport & Fee-for-Service Opportunities Including Adult Respite & Day Program



# WE PROVIDE

A community of respect and dignity where participants receive opportunities to develop their gifts, talents and relationships in a safe, caring and inclusive environment.



# **OUR GOAL**

To offer opportunities for individuals to develop new skills and to participate in recreation and leisure activities of their choosing, within Sunbeam Centre and community settings.

# What do our Participants and their families say about us?



"Sunbeam Day Program
reminds me of camp. The staff
is always friendly and upbeat.
Each day is a new experience
for my daughter. She

especially enjoys being able to go swimming, the outings and the daily socializing. A truly positive experience." – Penny Grominsky, mother of Amy

"Monika enjoys everything about the Day Program! She wants to go even when she isn't feeling well. I'd like to mention that the staff are fantastic and the nurse is very attentive and helpful! Monika and I are 110% satisfied! Thanks for everything. Keep up the great work!"-Luciene Sestrem, mother of Monika



#### **DAY PROGRAM**

The Day Program offers an array of choices of activities at Sunbeam Centre and in the community. Participate in activities you already enjoy, try out something new, and meet new people.

Our Day Program staff are highly trained to meet your needs including specialized health requirements and personal care. An onsite RPN provides enteral feeds, medication administration, catheterization, tracheostomy care, physio exercises, and more.

Specialized sensory equipment and state of the art sensory kits are available for those who require a customized sensory experience.

We are geared to assist you if you use personalized communication devices and technology. Many of the activities at Sunbeam Centre are supported by adaptive switches and devices such as iPads.

We also offer classes in basic literacy, numeracy and daily living skills; all adapted to your level, interests and learning style.

If you are interested in working or volunteering in the community, we can help you practice these skills and assist you in making community connections.

#### INDIVIDUALIZED APPROACH

Throughout the admission process, we take time to get to know you and find out what your interests are. We will then work with you to set up an individualized schedule suited to your unique goals, needs and budget. Fees are based on your chosen calendar.

Annually, we will get together with you and your support network to review the past year at Day Program and plan for your next year.

Day Program Services are based at Sunbeam Centre main campus and include substantial community-based options. Activities are structured around small groups, providing individuals with the opportunity to develop social relationships with others who have similar interests and goals. Participants are offered a variety of opportunities to develop and retain skills, a wide variety of sensory experiences and community opportunities, all with the help of a dedicated team of staff and volunteers.



# **FACILITIES**

- Therapeutic Pool
- Snoezelen Spa (hot tub)
- Multi-sensory Rooms
- ◆ Kitchen/Life Skills Room
- ◆ Gymnasium

## **ACTIVITIES**

- ◆ Spa Treatments
- Volunteering in the Community
- Life Skills: cooking, shopping, laundry etc.
- ◆ Crafts
- Games
- Music
- ◆ Sports
- Excursions around KW and beyond
- ◆ MFTD Summer and March Break camps
- Adult Summer Camp





# RESPITE & OTHER FEE-FOR-SERVICE PROGRAMS

## **Evening & Weekend Activities:**

\*minimum number of people required for program to run

- Small Group Activities
- Dances
- Community Outings
- ♦ 1:1 support outings

#### **Adult Respite:**

- Weekend Respite
- Weekday or weeknight respite
- Full use of our facilities
- Newly remodeled apartment-style spaces

Additional medical or behavioural supports are available. Please contact the Passport Coordinator to discuss your requirements and the fees associated which are dependent on the level of support you need for the above activities.

#### **Booking our Facilities:**

Our facilities are available for private bookings for

individuals or small groups. Relax in our pool, use the spa or host birthday parties and special events

Please contact our Passport Coordinator at 519-893-6200 ext. 211 or passport@sunbeamcentre.com for further information regarding services for purchase through Sunbeam Centre.

You can also visit our website www.sunbeamcentre.com to view upcoming activities.



