

PROVINCIAL NETWORK:

**EDUCATION WORKING
GROUP UPDATES
COVID-19 MYTH
BUSTING**

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COVID-19 VACCINE
MYTH

"The vaccine was rushed and we can't be sure it's safe."

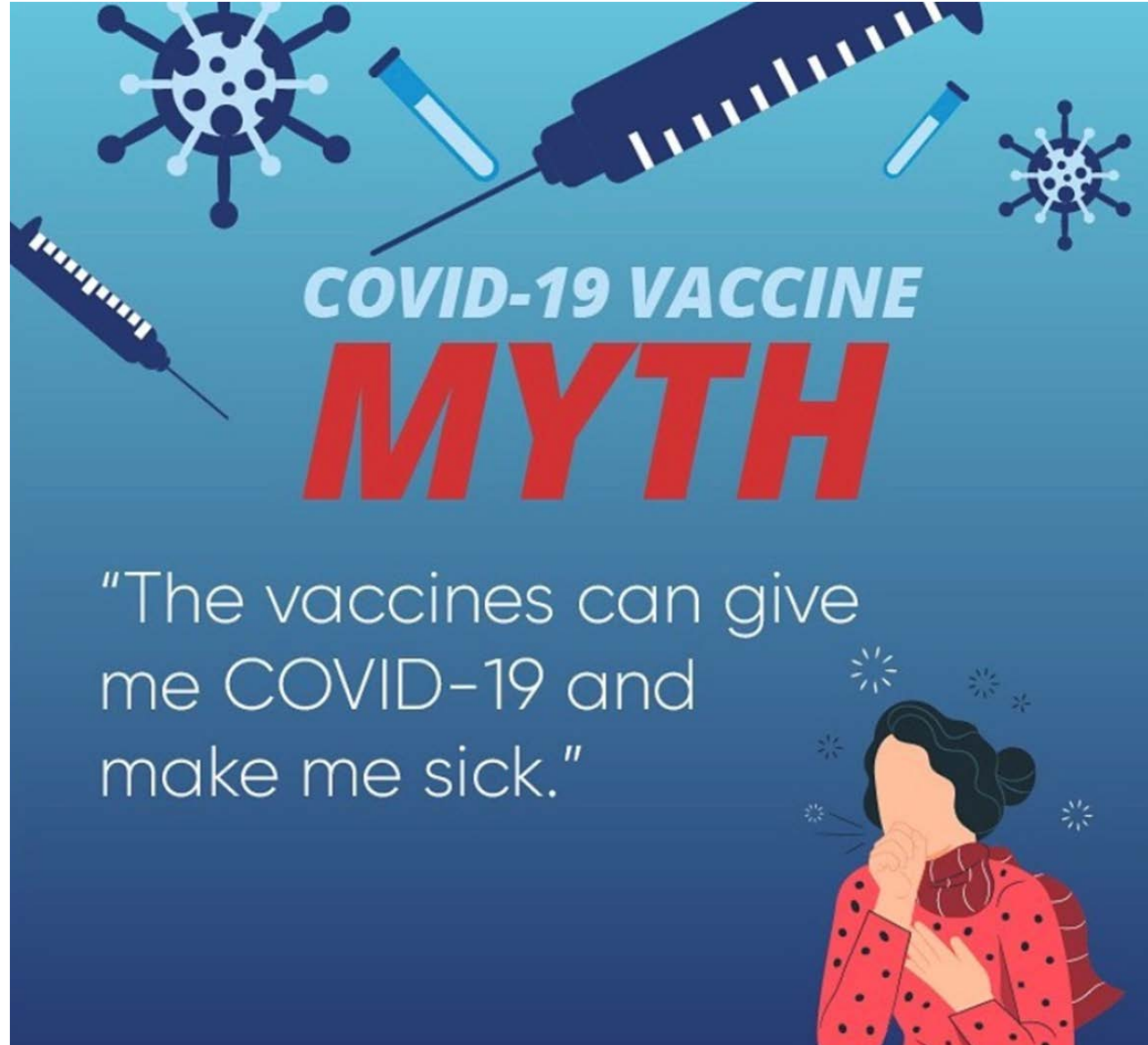


The graphic features a blue background with a white border. On the left, there is a cartoon illustration of a male doctor with brown hair, wearing glasses, a white lab coat, a red shirt, and a blue tie. He has a stethoscope around his neck and his arms are crossed. In the top left corner, there is a stylized illustration of a blue syringe with a white plunger and a needle. The text 'COVID-19 VACCINE' is written in a light blue, sans-serif font, and 'FACT' is written in a large, bold, dark blue font below it.

COVID-19 VACCINE

FACT

The vaccines have gone through the same rigorous process as all Health Canada drugs and vaccines. The vaccines have been tested in rigorous clinical trials that were larger than usual and have proven safe and effective. They have been approved by the Government of Canada for use in people 16 years old and older.



COVID-19 VACCINE
MYTH

"The vaccines can give me COVID-19 and make me sick."

COVID-19 VACCINE
FACT

The vaccines do not contain any virus at all, and cannot cause the illness that they are designed to prevent.



COVID-19 VACCINE **MYTH**

"The side effects of the vaccines are dangerous."



COVID-19 VACCINE

FACT



Serious side effects are extremely rare. Most people do not experience any side effects, and a minority experience mild side effects (e.g. soreness at the site of injection) in the days following the shot. These side effects are expected and a good thing, because they show the immune system is responding. They are more likely to occur after the second dose. Rarely, allergic reactions can occur. This is true of any vaccine or drug.

Now that I have the vaccination, do I still need to wear a mask?

Yes!

It's important to continue wearing a mask.

Vaccines are 94-95% effective beginning 14 days after your dose - this means you are not fully immune to COVID even after you receive the vaccine. The vaccine does not stop you from passing COVID on to others.



Information Sheet

COVID-19 Vaccine FAQs

Why should people choose to get the vaccine?

- Safe and reliable vaccines can help protect you and your family from COVID-19. They are an important tool to help stop the spread of the virus and allow individuals, families and workers to safely resume normal life.
- When a large percentage of the population becomes immune to COVID-19, the spread of the virus will slow down or stop. This is known as herd immunity.
- Vaccinated individuals can still be infected, but the vaccine greatly reduces the risk of infection and of the infection progressing to a more severe form of disease

Who can get the vaccine?

People who have no contraindications to the vaccine and are:

- [Pfizer-BioNTech](#): age 16 or older
- [Moderna](#): age 18 or older



Who is not recommended to receive the vaccine?

- Currently feeling unwell or have signs and symptoms of COVID-19
 - Anyone who has symptoms should be tested for COVID-19. Once well, then can be vaccinated.
- Children not in the authorized age group*

*Children will be included in future clinical trials and may become eligible for the vaccine once concluded

What considerations are there for special populations to receive the vaccine?

Some groups of people are considered 'special populations' when it comes to COVID-19 vaccination. These populations were not included in Phase 3 clinical trials for current COVID-19 vaccines, or require special consideration. These groups are:

- Breastfeeding women
- Women who are or could be pregnant
- Allergies to the vaccine or its components
- Other serious or anaphylactic allergies
- Autoimmune conditions and Immunocompromised persons

People who are part of a special population are advised to speak with their primary health care provider and discuss the risks vs the benefits of vaccination. The Ministry of Health provided guidance this week that special populations can still be vaccinated if they provide written documentation from their health care provider.