



KEEPING YOURSELF SAFE ONLINE ONLINE GROUP FOR ADULTS

Who: Anyone 18 and over with an intellectual disability and/or autism

When: October 7, 2021 – October 28, 2021 *time to be determined

What: An online group to learn more about staying safe online

Cost: \$295.00

What is included:

- 4 weeks – 1 hour per week
- Weekly Handouts on specified topics

What you will need:

- Device to access to zoom
- Support person to attend with you in order to assist with the topics outside of the group sessions *recommended

To register please contact Lauren Harris at
519-894-6156 ext. 2904 or by email brightside@sunbeamcommunity.ca
by *September 10, 2021*



This group will
address the
following:

- Privacy settings on various social media apps
- What is safe to share online?
- Who is it safe to share with?
- What is cyber bullying?
- What to do if you are cyber bullied?

*This is not a therapy service and is an eligible passport expense

BRIGHTSIDE ABA SERVICES

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