

Stronger Together

Inclusive communities where people of all abilities are valued.

ANNUAL REPORT 2020 - 2021



Site of Sunbeam's next intentional community development project. Learn more inside.

Message from the Chief Executive Officer

2020 – 2021 was year of progress and successes at Sunbeam, entirely due to the resiliency of our employees. We forged new relationships, locally and provincially, by becoming an affiliate member of **the KW4 Ontario Health Team**, a member of the Congregate Living Working Group of the **Cambridge North Dumfries Ontario Health Team** and joining the **COVID-19 Vaccination Working Group of the Provincial Network on Developmental Disabilities**.

Sunbeam took a lead role in launching the Waterloo Region Developmental Services “Pop-Up” COVID-19 Vaccination Clinics in March of 2021, and throughout the year we also continued to enhance the quality of lives of our persons served and their families through strategies and initiatives such as:

- Offering **Conscious Care and Support (CCS) Program** certification to all Sunbeam employees in coming years.
- Successful renewal of the Ministry’s annual **Licensing Review** and annual **Quality Assurance Measures Review**.
- Offering **Sunbeam’s Community Outreach Program** virtually, via interactive video.
- **Computer Tablet Lending Libraries** were created to expand access to programs and services.
- Staff at **Sunbeam Developmental Resource Centre (SDRC) and Developmental Services Ontario (DSO)** used technology and innovation to continue providing essential supports and services.
- Transforming **Sunbeam’s Specialized Dental Clinic** to meet new infection control measures, increase capacity and improve accessibility / adaptive design features.
- Development of Sunbeam’s upcoming **Strategic Plan for 2021 to 2023**.

We understand the many challenges faced by the persons we support, their families, our staff and volunteers since the onset of the COVID-19 global pandemic. The positive choices of staff and the positive and often difficult decisions made by families have been critical to ensuring the ongoing safety and wellness of everyone in the Sunbeam Community.

Thank you to everyone in the Sunbeam Community for your commitment and support in helping us to continue serving the needs of individuals and families in new and innovative ways during a year full of great challenges and new found opportunities. We couldn’t have done it without you!



Brian Swainson

Brian Swainson
Chief Executive Officer



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Cover photo: Through Sunbeam’s intentional and strategic growth strategy, this will be the future home of Sunbeam’s next intentional community development, providing additional residential living and care support opportunities for person served in Waterloo Region.

Message from the Board President

2020-2021.

What a year it has been for us all, yet hope is on the horizon.

Despite the many unknowns associated with the pandemic, the organizational focus on ensuring the health and wellness of the Sunbeam family remained. Thanks to the dedicated efforts of Sunbeam staff and the remarkable resilience of our persons served, we were stronger together.

Despite those challenges, under Brian Swainson's progressive leadership and a committed team, the organization moved forward. Accomplishments such as launching the Waterloo Region Developmental Services COVID-19 pop up vaccination clinic, offering Sunbeam's Community Outreach Program virtually, and caregiver certification in the Conscious Care and Support Program demonstrate our commitment to enrich the lives of the people we serve.

The Board has recently approved the 2021-2023 Strategic Plan developed with input from our stakeholders. Priorities of the plan are focussed on our people, quality improvement, inclusivity and growth. Highlighting an exciting growth opportunity, in the coming year the Sunbeam team will begin planning for expanding residential programming at a two acre site located in Cambridge.

On behalf of the Sunbeam Community & Developmental Services Board of Directors, thank you to everyone in the Sunbeam community for your extraordinary efforts in the past year. In recognition that our greatest strength is our people, we are indeed Stronger Together.



Ben Spengen
Board President

Building on Strengths – FASD Capacity Building Workshops



Building on Strengths – FASD Capacity Building Workshops

Fetal Alcohol Spectrum Disorder (FASD) is a diagnostic term describing the impacts on the brain and body of individuals prenatally exposed to alcohol. FASD is a lifelong disability and individuals may experience some challenges in their physical, mental, learning, behavioural and/or social skills. Caregivers strongly benefit from education and resources about how FASD impacts their child, allowing them to support their children with useful strategies to build on their strengths, as well as cope with the challenges more effectively.

Sunbeam Community and Developmental Services is a member of The Coordinated Service Planning Provincial (CSP) Network. The CSP Network has hosted interactive online workshops to help caregivers across Ontario increase their knowledge and practical skills to support children and youth with FASD. Each workshop features FASD Coordinators/workers from one of the five Ministry of Children, Community and Social Services (MCCSS) regions. Sunbeam Developmental Resource Centre hosts two FASD Coordinators for the Waterloo Region who contributed to the development of the training curriculum.



Todd Smith
Minister of Children, Community and Social Services, visits Sunbeam on FASD day 2020.

“ We have 3 children all receiving services from Sunbeam. A few months ago, our family reached its crisis threshold. Within a month our family had, hospitalizations, new diagnoses and a mental health crisis to deal with. Almost immediately we were connected with Kristen Franks who is now our service planning coordinator. Along with our lovely FASD coordinator, Karen Huber, we have been receiving support virtually from Sunbeam. What a relief this was to have this assistance. A friendly, caring, non-judgmental person who was on the screen and listened then started sorting our priorities. The flexibility has been wonderful. ”

- Heather, Parent

Governance & Leadership

Sunbeam Community & Developmental Services is governed by a voluntary Board of Directors.

The Board is comprised of a diverse group of skilled, talented and experienced community leaders who give generously of their time to attend Committee and monthly Board meetings. The Chief Executive Officer and Management Team are responsible for the day to day operations of the organization and report regularly to the Board of Directors.

2020-2021

Board of Directors

- Ben Spengen, President
- Jeremy Legg, Vice President
 - David Otto, Treasurer
 - Mark Schneider, Secretary
 - John Goerzen
 - Shamendree Naidoo
 - Deborah Pickles
 - Sandra Roxborough
 - Susan Russell
 - Krista Trow
 - Lynn Woodbeck
 - Ann Marie Yantz

Governance Committee

- Mark Schneider, Chair
- April Moore
 - Sandra Roxborough
 - Ben Spengen, Ex-Officio
 - Mandi Sweiger
 - Krista Trow
 - Lynn Woodbeck

Finance & Audit Committee

- Shamendree Naidoo, Chair
- David Otto
 - Deb Pickles
 - Susan Russell
 - Ben Spengen, Ex-Officio

Fall 2020

Management Team

Brian Swainson, Chief Executive Officer

Laura Thies, Chief Operating Officer
Developmental Services Ontario

- Nancy Plater, Director
- Nancy Gilchrist, Manager
- Michael Dionisi, Supervisor

Sunbeam Developmental Resource Centre

- Tracy Erb, Director
- Neil Butler, Manager
- Deborah Gellatly, Manager
- Jen Shows, Manager
- Tracey-Ann Corrigan, Supervisor
- Steve Sindle, Supervisor

Sunbeam Community Living Services

- Lourdes Toro, Director
- Heather Leisegang, Manager
- Beverley Clarke, Nurse Manager
- Shereta Bowers, Supervisor
- Stallin Brown, Supervisor
- Dawn Dubien, Supervisor
- Gary Gfroerer, Supervisor
- Annette Hrab, Supervisor
- Michelle Hunter, Supervisor
- Dana Love, Supervisor
- Adrian Schadenberg, Supervisor

Tim Wilson, Chief Administrative Officer
Administration and Support Services

- Sana Ali, Manager Financial Services,
- Natalie Perna, Manager, People and Culture
- Manager, Plant Operations



SUNBEAM'S VISION, MISSION AND VALUES

are the foundation of everything we do...

VISION

Inclusive communities where people of all abilities are valued.

MISSION

Providing innovative opportunities that enable the people we support to reach their goals and achieve recognition of their value in the community.

Sunbeam's Diversity, Inclusion, Equity Statement

Sunbeam is a diverse, inclusive, and equitable workplace where all employees, volunteers and service providers, whatever their gender, race, ethnicity, nationality, age, sexual orientation or gender identity, education or disability, feel valued and respected.

VALUES

We believe in:

- | | |
|-----------------------|--|
| Openness | An open culture creates a deeply respectful, honest and joyful working environment. |
| Responsiveness | With thoughtfulness we proactively engage our opportunities and challenges. |
| Communication | Great communication is a cornerstone to our success as an organization. |
| Planfulness | We believe it is necessary to be intentionally strategic in all our goal setting, planning, operations and service delivery. |
| Collaboration | Working together towards shared success leads to the best possible outcomes. |

The Sunbeam Community



Linda Fitzgerald

Linda Fitzgerald has been a part of the Sunbeam family since her admission at the age of one, in 1963. Today, as the person who has resided with the Sunbeam community the longest, Linda is the reigning matriarch, now living at Cornridge Group Home. She is very talkative, always smiling, happy and content! Linda's smile and laugh are infectious! When she is happy, there is a sparkle in her eye. When Linda makes eye contact, she really connects with you and you know you are special to her. Because she has been part of the Sunbeam family for so long, she holds a special place with everyone who has been able to know her.

Her sister, Sue Fitzgerald, remembers. "It was a very difficult decision for my parents to put Linda in to care; they were following advice from their doctor. A doctor had told my mother that Linda would not live past the age of four. My Mom was so young - in her early twenties, and it was her first child. But once they made the heartbreaking decision, my Dad was determined to find the best place in the area. He apparently toured every single facility in K-W and surrounding areas, and found Sunbeam to be the best. And since then, we have always been confident in, and amazed by, the high level of care Linda has had with you over the (many!) years.

For me, since I was so young myself, it was daunting to visit Linda in the Sunbeam Centre in the early years, so I was so happy when you opened the group home. It was smaller, more homey and I always have felt welcomed by the staff. I have also always felt that the staff loved and cared for Linda as if she was their family member. When I began working with students with special needs that were much like Linda, 16 years ago, it gave me a new perspective. I remember asking the staff if I could feed Linda at the Christmas party that year because I had never done that before.

It's been good for me, since taking over as Linda's substitute decision maker, that I have been able to get to know her better. I loved learning the details like she is a night owl (like my brother and I), and if presented with a fruit square or a brownie, that she would choose the brownie every time - also a favourite of my father and I. When visiting the group home, I have always felt comfortable, welcome and part of the Cornridge family."



Annette Hrab

Supervisor, Community Living/ Community Outreach Program

This is my story.

In 1974, as a young woman, I toured the halls of what is now Sunbeam Community & Developmental Services and there began a life-long journey working in a field I love. I have supported the most interesting people during my time here. They have taught me that true joy and determination are hallmarks to happiness. They have shared their laughter, gifts, talents, and most intimate problems with me. I have been honored to know each and every one of them.

During my time here, many professionals have supported me in continuing to learn and grow. Sunbeam has supported my education and development from a front line personal support professional to positions as OT/PT Assistant, Community Living Supervisor and Community Outreach Program Supervisor. I have had opportunities to work together with staff on many levels to help the people we support meet their goals and make their dreams come true. Advocating with families and giving a voice to those who may have limited or unique ways of communicating has been a great privilege for me.

I have been a part of improving the quality of life for the people we support from the time of institutional care to community living. Two things have remained consistent for me during all my years at Sunbeam. First, the people we support and their families have important things to teach us about life and dignity. Second, the staff I have worked with are compassionate, caring and passionate about excellence.

I am honored to say that I have enjoyed every morning that I come into work. I would not be who I am today, had not I been given that opportunity 47 years ago. I have been richly blessed. My goal is to, come to work every day and give my very best to enrich the lives of the people we support, honor families, share my skills and fulfil my responsibilities with joy, enthusiasm and integrity.



COVID-19 Pandemic Response



“ We had a very good experience at the Sunbeam clinic yesterday morning and all volunteers, employees and nurses were helpful and positive. We’re very appreciative of the opportunity to receive our vaccinations in a known setting with which my son and his housemates are comfortable and familiar. It also helped that they saw some of their friends and acquaintances there too. ”

-Family of a Person Supported at a Sunbeam Group Home



Overall

2020-2021 has been a year that has challenged us, tested our resilience, and increased our capacity for flexibility in response to an ever-changing flow of newest guidance. Sunbeam has been an Infection Prevention & Control (IPAC) leader to provide leading practice advice and information within Developmental Services. We have strengthened our relationship with Public Health and are encouraged to have seen our advocacy efforts for vaccination for the people we serve and our staff members be supported. Each day, we remind ourselves to maintain a high standard of infection control and know that through it all, we are truly stronger together.



- In the past year, we have:**
- **Used 74, 460 disposable medical masks**
 - **Facilitated 339 COVID-19 tests**
 - 98 COVID-19 tests for persons-served
 - 241 COVID-19 tests for staff members
 - **Experienced 5 outbreaks**
 - 100% of outbreaks ended at the earliest possible date
 - 0% of outbreaks had transmission in the group home



Vaccine Clinic

In March 2021, we partnered with Region of Waterloo Public Health, KW Habilitation and Community Living Cambridge to operate a series of pop-up COVID-19 immunization clinics. Our pop-up clinics vaccinated persons served, essential family caregivers, and front-line direct support staff across Waterloo Region. It was an honour to support our community and we look forward to the summer when our clinics will re-open to administer second doses.

The Impact:

- **5 first dose clinic dates at Sunbeam**
- **Dedicated and enthusiastic clinic team of 18 members:**
 - Nurses, nursing students, volunteers, screeners, monitors, admin staff
- **Total of 1034 first doses of Moderna vaccine administered!**



Vaccination Rates

As of March 31, 2021, front line staff members who have self-disclosed their vaccine status:

- **64% have received at least one dose**
 - Of this, 44% have received two doses

Persons-supported who live in a Sunbeam Community Living group home:

- **Over 90% of our adult persons-served have received their first dose**

2020 – 2021 Program & Service Highlights

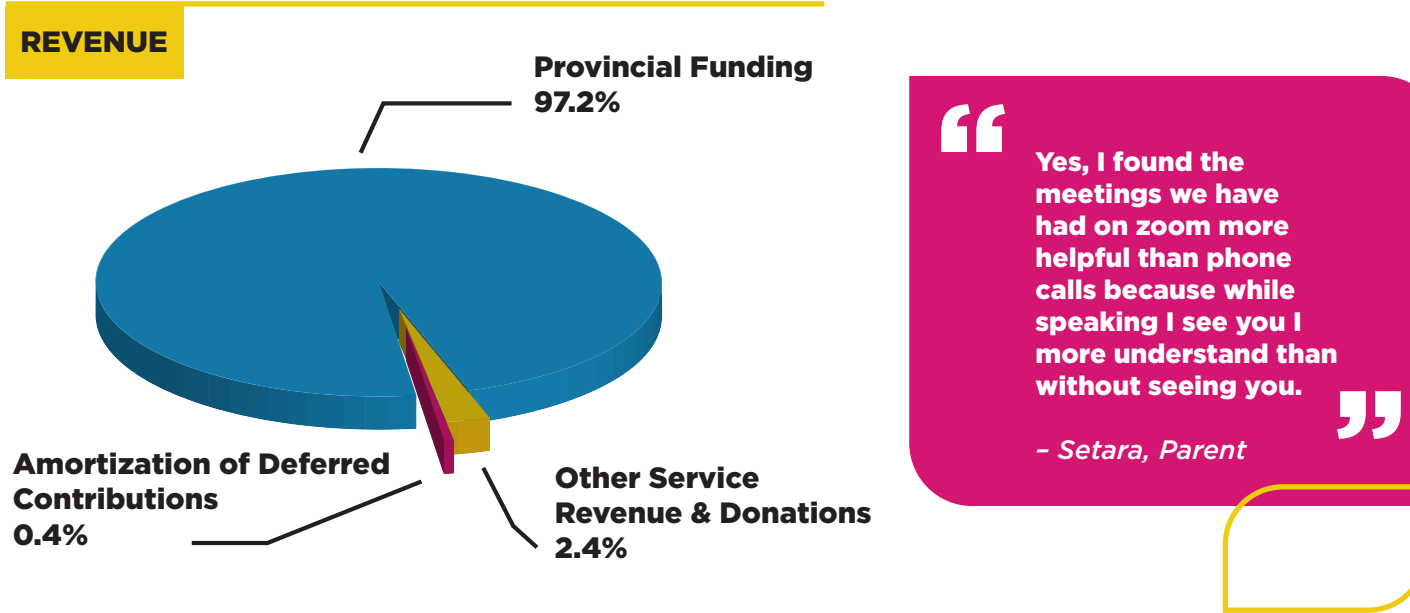
In 2020 - 2021 more than 14,000 children, youth, adults, older adults and families received services and supports from Sunbeam Community & Developmental Services.

PROGRAMS & SERVICES		OUTCOMES
Sunbeam Developmental Resource Centre		
Service Coordination		697 persons and families
Resource Referrals		337 resource level referrals
Behavioural Services		175 consultations
Coordinated Service Planning		158 persons
Autism Spectrum Disorder Services		136 consultations
Social Work Services		263 consultations
Health Education		31 consultations
Information and Support Workshops		232 attendees
Fetal Alcohol Spectrum Disorder: Support Coordination, Workshops, Caregiver Training		82 persons and families
Family Supports Ontario Autism Program		106 resource level supports
Speech and Language Services		134 consultations
Referrals for Respite Services Registry		54 referrals
Respite Coordination		20 individuals
Service Resolution / Service Solutions		79 persons and families
Passport Community Development		380 persons and families
Transitional Aged Youth Supports, Quality Review of Outside Paid Resources and Family Home Program		90 persons
Total Individuals and Families Served		Over 2,200 persons and families, annually
Communities Supported		Waterloo, Halton & Peel Regions, Wellington & Dufferin Counties
Sunbeam Community Living Services		
Residential Group Homes & Specialized Services Sites		103 persons served at 19 locations
Caregiver Respite		Non-crisis services temporarily suspended due to Pandemic
Virtual & In-Person Day Program		At least 88 persons served
Passport Programs		96 persons served
Seating Clinic		Over 70 persons served
Dental Clinic		Non-urgent services temporarily suspended due to Pandemic
Communities Supported		Waterloo Region
Developmental Services Ontario – Central West Region		
Intake		612 persons
Information Provision		4,282 information responses
Housing Navigation		420 persons
Outreach		337 persons
Triaging		2,388 service responses
Eligibility Confirmations		554 persons
Assessment of Support Needs		699 persons
Connecting Individuals to Available Services		206 service responses
Urgent Response		115 service responses
Total Individuals and Families Served (Services, Supports, Referrals, Communications)		Over 12,400 persons and families, annually
Communities Supported		Waterloo, Halton & Peel Regions, Wellington & Dufferin Counties

2020 – 2021 Financial Highlights

REVENUE		\$ millions	EXPENSES		\$ millions
Provincial Funding		49.583	Community Living Services		18.528
Other Service Revenue & Donations		1.182	Sunbeam Developmental Resource Centre		27.137
Amortization of Deferred		0.224	Developmental Services Ontario		2.208
			Corporate Services		1.829
			Other & Contribution to Reserves		1.290

Total Revenue	\$50.992	Total Expenses	\$50.992
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“ Being able to meet virtually has actually made all services so much more accessible to our family. In the past, it was difficult for Mike and I to attend appointments at the same time in person. Our son requires us to have a trained caregiver with him at all times. Short of paying out of pocket for a nurse to care for our son, one of us was always unable to attend in-person. Having virtual appointments was also helpful because it gave us the information we needed at our fingertips. We didn’t have to worry about what to bring with us when.

I hope that virtual appointments will continue to be an option going forward. We have always found Bailey and the whole team at Sunbeam to be very helpful. Whether my questions have been about respite, service providers, COVID isolation facilities or school transitions, Bailey always finds the answers for me promptly. She always has our son’s best interests in mind. Thanks for all you have done to support our family in the past year!

- Mike and Kerri, Parents



THANK YOU

SUNBEAM STAFF ANNUAL LONG SERVICE AWARD RECIPIENTS

Fall 2020 Long Service Award Recipients:

40 Years of Service

Deborah Chapman
Kristina Villemaire

30 Years of Service

Shelley Daub
Gary Gfroerer
Joyce Laylor
Lorraine Otto

25 Years of Service

Lisa Martin
Amber Noseworthy
Alison Prentice
Laurie Yeo-Schmidt
Christine Voisin
Robin Roberts-Weaver

20 Years of Service

Neil Butler
Jennifer Calver
Katrina Davidson
Trisha Halstead
Stuart Lamont
Maureen Luce
Donna Monroe
Elizabeth Robinson
Jennifer Schweitzer

15 Years of Service

Shawna Armitage
Drowadie Haniff
Dawn Polack
Jacqueline Smith
Sarah Walters

10 Years of Service

Janet Appleby
Jim Detzler
Amanda Gibbs
Anne Kell
Kellie Loosemore
Natalie Perna
Katarzyna Radzikowska
Stephen Sindle
Louise Tshiswaka

5 Years of Service

Michael Dionisi
Cristina Fernandes
Samira
Hashimi-Hoshmand
Daphne Whitelaw Howe

Kaitlin Knarr
Roswin Mary Mathew
Blanca McCormick
Matilda Mikulski
Mala Pitamber
Renee Rau
Cecilia Soriano
Rita Witmer

Volunteer Services 2020- 2021

Thank You to Our Volunteers

Over the past year Covid-19 has made connecting the people we serve with our volunteers in the traditional way, in-person, next to impossible. We maintained a committed core of volunteer alumni who were still able to provide consistent, meaningful interactions in new and creative ways that benefit the people we service, and we took advantage of the chance to explore less formal volunteer opportunities.

Many volunteers were willing to share their time and talents through our virtual programming, and we even had great community support helping as parking lot attendants during our first round of COVID-19 vaccination pop-up clinics in March.

We also had volunteers step up and help us by sewing hundreds of non-medical face masks early in the pandemic. Volunteers have helped with outdoor activities such as gardening, yard clean-up, leaf raking and seasonal decorating.

Over the holiday season, we even had a surprise visit from the Grinch, to help share in some festive window visiting fun!

Virtual volunteers have also been having friendly visits with people we support once a week over Zoom. They chat, read stories, tell jokes, sing songs, play music, do crafts and play games. Volunteers have introduced their pets, made puppets and discovered the thrill of sending and receiving "snail mail". Our volunteers have become even more aware of the importance of good communication and empowering the people we support by facilitating activities that provide opportunities to make choices.

Thank you to all of our volunteers for helping to engage the people we support in new and creative ways the past year!



Fast Fact: Did you know that our dedicated board and community committee members gave over 400 hours of their time in support of Sunbeam's Vision, Mission and Values over the past year?



Also, we are very excited to announce the start of a new volunteer initiative called

Volunteer Shout-Outs.

Volunteer Shout-Outs are inspiring messages sent to people (the persons we support, our front line staff, even other volunteers) at Sunbeam.

The best part is that **anyone** can add their voice. Shout-Outs can be sent by visiting the Sunbeam website, clicking the VOLUNTEER CORNER tab, scrolling down and filling out the form under *Volunteer Shout-Outs*.



We were very lucky to partner with students at St. Benedict's Catholic Secondary School in Cambridge to trial this new initiative. Students from the Social Justice Club have been sending messages of support to residents and staff. In the first two weeks over 150 "shout out" messages from students were delivered to our group homes.

Some of the messages expressed appreciation of our staff for their hard work and dedication. Others were jokes, stories and pictures of pets addressed to the residents of our homes. All messages were sincere, kind, thoughtful and positive. Thank you to the students of St. Benedict's for making a difference in the lives of people at Sunbeam.

What is the Conscious Care and Support (CCS) Program?

In January of this year the Senior Leadership Team began working with Peter Marks and A Centre for Conscious Care to better understand the many benefits of the Conscious Care and Support certification program for direct support professionals and others involved with supporting Sunbeam's persons served.

The Leadership team recognized the value it would bring to the agency, not only for the people we support but for staff as well. Sunbeam took the bold step to adopt the CCS training and made the commitment to offer this program to all its employees over the next few years.



Christy and Stan - Residential Programs

Conscious Care and Support (CCS) is a training, development and consulting program specializing in educating and empowering caregivers who support the unique and varied needs of individuals living with Autism Spectrum Disorder (ASD) or other Development Disabilities (DD).

The program has demonstrated to significantly improve the skills of supporters beyond what is currently considered best practice in Ontario. As a result, individuals with ASD/DD experience more customized and personalize supports as reported by measures of improved quality of life, learning, emotional well-being and significantly reduced behavioural challenges. CCS does not replace existing practices, but it does however significantly enhance the effectiveness of these approaches.

Overall, CCS develops the emotional maturity and mindful self-regulation of caregivers, which in turn better enables them to provide the most appropriate supports possible given the unique needs of each individual.

“The biggest takeaways from the course would have to be the mindful practices, calming exercises and the understanding of how filters can influence. Frankly, rarely have I found a textbook or workbook with so much practical, applicable information. I need to take time to review my notes and other notations I made in the text. I look forward to exploring Conscious Care and Support further through the facilitator course, auditing further cohort training, and applying these principles in support of those living and working with Sunbeam.”

-Dana Love
CLS Supervisor



Peter Marks

“I would describe CCS as insightful. I began by expecting to learn about supporting others, but I left with a deeper insight of my inner self and how that drives my interactions with others.”

-Kim Kippenhuck
Compliance & Quality Assurance Coordinator

Who is Peter Marks?

With over 35 years of Health and Human Services experience, Peter Marks is not new to supporting the needs of individuals living with ASD/DD. In addition to founding A Centre for Conscious Care, and developing the CCS program, Peter is also a highly sought after guest lecturer and keynote speaker at post secondary institutions, conferences and workshops.

Responding to real “on the ground” needs experienced by families and within community living agencies , the CCS program was developed over the past 15 years to enhance behavioural interventions and enable caregivers’ mindfulness in order to deliver a comprehensive and holistic support model.

As part of the training, participants learn to recognize primary causes of individuals’ responses and behaviours and to provide optimal prevention and calming strategies for de-escalation for people who may be at risk of crisis.

Program attendees also work in collaborative groups to complete comprehensive wellness plans that consider a more complete approach to providing support.

Upon successful completion of the course and submission of a case study project, CCS program participants of the course are eligible to receive a certificate of completion through the University of Toronto’s School of Continuing Studies.

We are very excited to have started this journey to self-discovery and self-improvement to better support the unique and changing needs of Sunbeam’s persons served, now and into the future!





Sincere Appreciation to All of Our Donors, Sponsors and Supporters

Sunbeam received an outpouring of generous support over the past year from individual and family donors, from community foundations, from corporate sponsors and other from granting entities. To our individual and family donors – a sincere thank you for going “above and beyond” in committing your financial supports to Sunbeam during a very challenging “pandemic” year. We couldn’t have done it without you!

And to all of our donors, sponsors and supporters, please know that your kind generosity made such a difference in our ability to ensure the health, safety and well being of all of our persons supported.

Thank You to Our 2020 Online Auction Sponsors



Kay Hoshioian
REMAX
www.remaxtwincity.ca/agent/kay-hoshioian



Steve Kidd
STEVE KIDD
www.stevkiddbenefits.com



Strategic Plan

In January of this year Sunbeam started work on a two-year Strategic Plan.

Through consultation with people supported, families, staff, volunteers and community partners we were able to identify four key areas.

As always our work will hold true to our vision “inclusive communities where people of all abilities are valued.”

Over the next few months we will be developing detailed work plans to ensure the goals of our Strategic Plan are realized.

“I really appreciate all you did to make this process seamless for the men we support. Out of all the vaccination clinics I’ve been to throughout this pandemic, the one at Sunbeam was by far the most organized and efficient.”

-Staff member of a local agency that attended Sunbeam’s Vaccination Clinics



Strategic Plan 2021 - 2023

Vision

Inclusive communities where people of all abilities are valued.

Mission

Providing innovative opportunities that enable the people we support to reach their goals and achieve recognition of their value in the community.

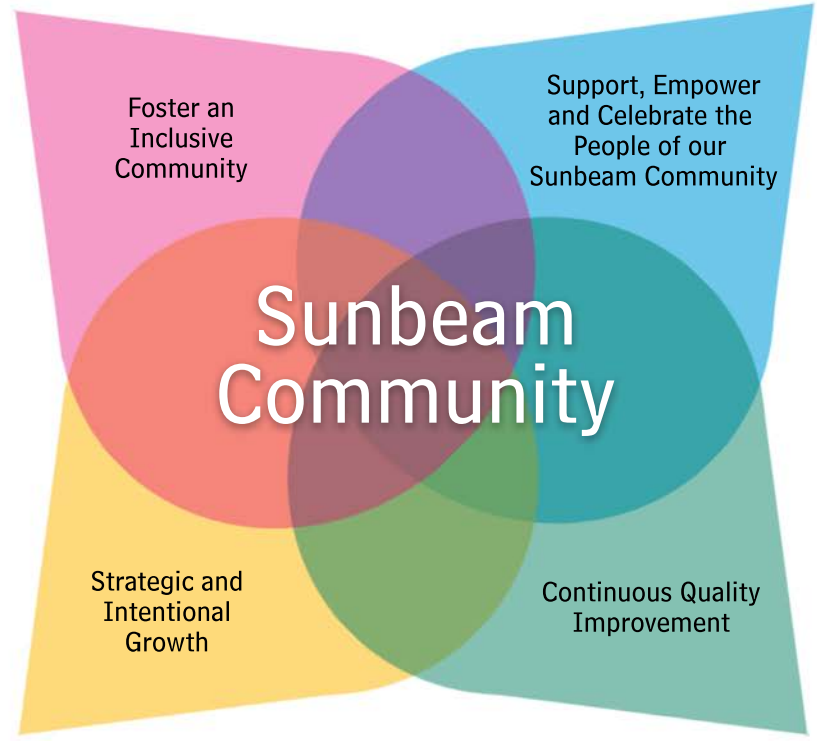
Values

We believe in

- Openness
- Responsiveness
- Communication
- Planful / Analytical
- Collaboration

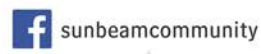
Champion a diverse, inclusive, and equitable community

Recognize that our greatest strength is our people



Strategic growth to meet local needs through innovation

Integrate quality improvement into everything we do



www.sunbeamcommunity.ca

Learn more about all of our residential group homes at:
sunbeamcommunity.ca



Sunbeam Community Outreach Program

Our Logo: Lisa Jaglowitz, one of the participants, was inspired to create our new logo. She worked closely with Marty Lachance of Chatworthy Digital Marketing, who volunteered his time to turn her inspiration into a logo that proudly represents who we are.

The past year at day program has been a new experience for everyone involved. Navigating the continuing changes has been a unique experience and we've all learned a lot. When the day program doors closed it was not long after that the virtual/digital program began to develop. In the early stages of the virtual program we were offering 12 programs on Zoom weekly. This quickly grew to a steady 20 programs weekly that are consistent with regular facilitators that plan these programs as well as professional facilitators who provide music therapy, coffee house music, and interactive storytelling.

There were many other day program facilitators who have come in and out of the program and they each brought something special to offer.

The digital and virtual programs come hand in hand but are different from each other. The digital program is a weekly email that is sent to participants that contains all the information and activities for the week and includes instructions for crafts, recipes, fun academic pages, interesting videos, and stories that relate to that week's theme. The emails are full of fun activities and ideas for programs that week to meet every level of learning.

Both programs are very well developed and have received praise and thanks from the receivers. Our staff who facilitate the programs have had opportunities to attend training sessions regarding the future of day supports and collaborate with others across Ontario on how to develop and run virtual programs. Staff who recently attended the annual OADD conference remarked on their learnings:

"At the conference, we learned about emerging best practices for how and what to offer in zoom programs, and I'm pleased to say that Sunbeam has been leading the way with these best practices right from the beginning!"

Having direct support staff dedicated to developing and offering the virtual programs has been key to our success. We learned and adapted along the way to improve and enhance our virtual programming. Our various virtual program activities have had from 10 to 50 participants and higher, which tells us that we're doing something right!"

Much thanks goes to members of Sunbeam's Information Technology (IT) team who have done an excellent job of getting us online and connected to everyone in the community who wanted to join. We are pleased to say that we haven't had to turn anyone away who wanted to join in. Our IT team members have been key to the success of our virtual programming.

The last element of the virtual community outreach program is the program boxes! Every month we send out supplies for the virtual program so that everyone can participate! We include the craft supplies and a few other goodies every box! The program box is delivered to everyone at Sunbeam, and available for purchase on www.mycommunityhub.ca for community participants that want to join in.



Tell us Your Sunbeam Story

Help us celebrate 65 years by telling us your favourite Sunbeam Stories!

We're looking for stories of your experiences with Sunbeam. We are accepting videos, photos, brief quotes or even your essays.

We'll share your stories to our website, social media channels and in print (unless you want to remain anonymous).



You can submit your story to Laurie at l.yeo-schmidt@sunbeamcommunity.ca

You can also share your story on facebook using #MySunbeamStory.

Thanks for helping us make our 65th Anniversary a memorable one!

Need Help Getting Started?

Simply answer these questions

How did you first hear about Sunbeam?



How long have you been connected with Sunbeam?



What's your favourite memory at Sunbeam?



What do you hope to see in Sunbeam's future?



Sunbeam Artists

Showcasing our artistic talents

There is an immense amount of talent and creativity among the persons supported by the Sunbeam Community. We're pleased to share some of the beautiful and inspired artwork we have hanging on our walls.





To contact Sunbeam
Developmental Resource
Centre visit:
www.sdrc.ca



To contact
Community
Living Services visit:
www.sunbeamcommunity.ca



To contact
Developmental
Services Ontario visit:
www.dsocwr.ca



**2749 Kingsway Drive
Kitchener, Ontario N2C 1A7
519-893-6200**

To discover different ways to lend your support to
Sunbeam and our areas of greatest need, please visit
our website at:

www.sunbeamcommunity.ca/donate

Sunbeam Community & Developmental Services is a
registered charity, registration number: 108050899 RR 0001.

