

# Bill has Covid-19...



"This graphic novel highlights best practices for when supporting someone who has COVID-19. In addition to regularly contacting Public Health and the doctor of the person supported, each staff reading the novel should follow their own agency's specific policies and guidelines. This graphic novel includes a lot of typical medical advice for COVID-19 – but does not replace getting specific medical advice for the person being supported. This graphic novel is the second in the series, following "Bill Has Symptoms..." It is based on the 'COVID-19 Health Monitoring & Supportive Care in Home and/or Developmental Services Residential Care Settings' created by the SPPI Outbreak Management Working Group."

# Bill gets diagnosed



Michelle learns that Bill's COVID-19 test is positive. She shares this news with Bill's physician. Michelle contacts Public Health or ensures public health is notified.



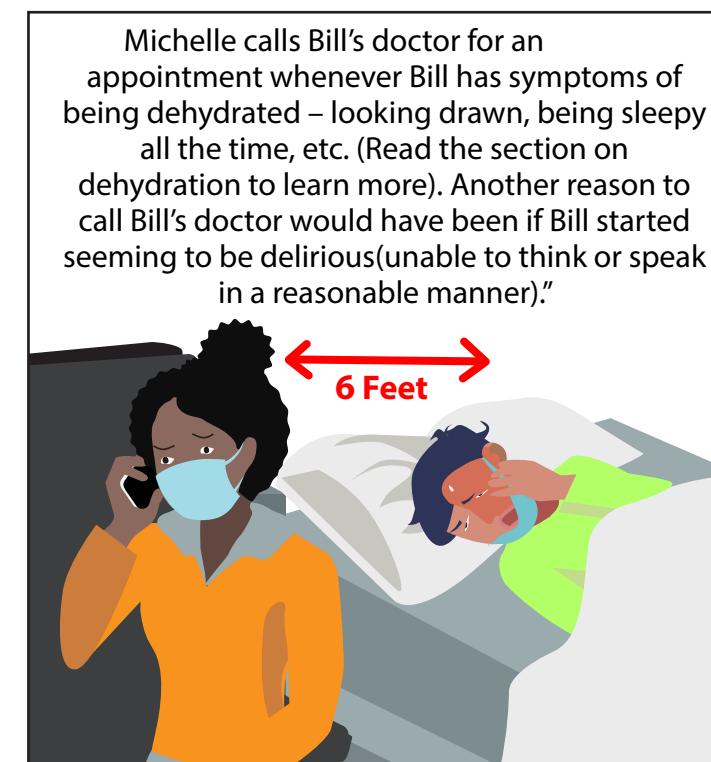
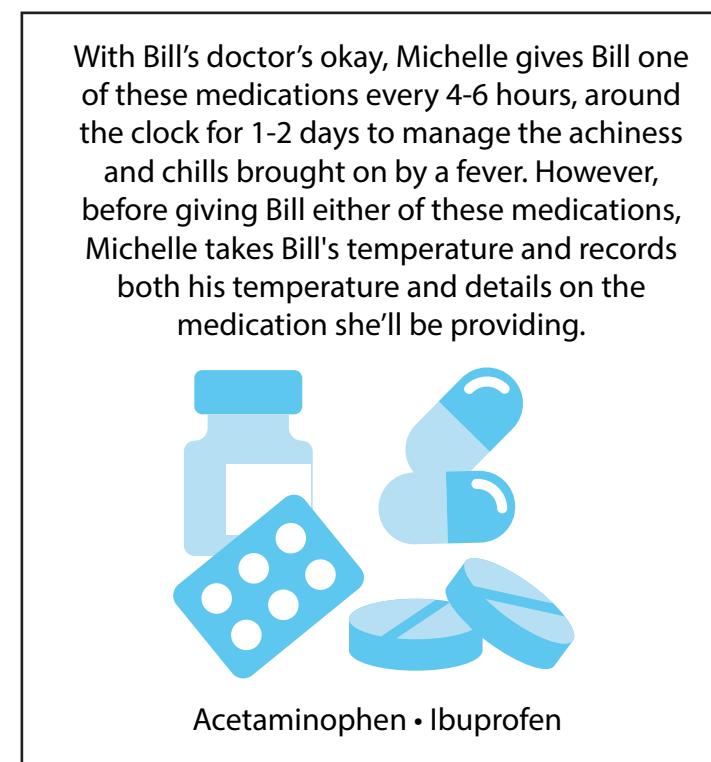
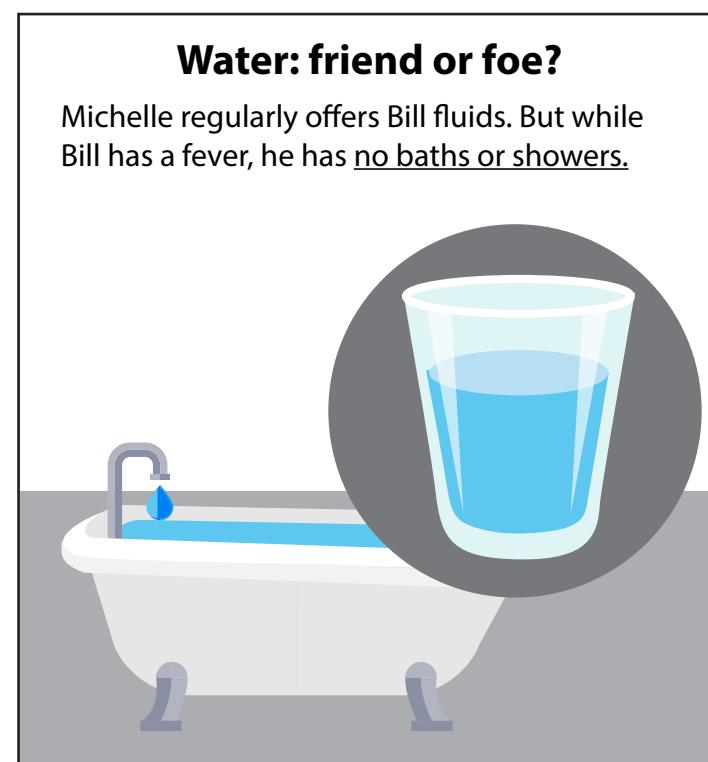
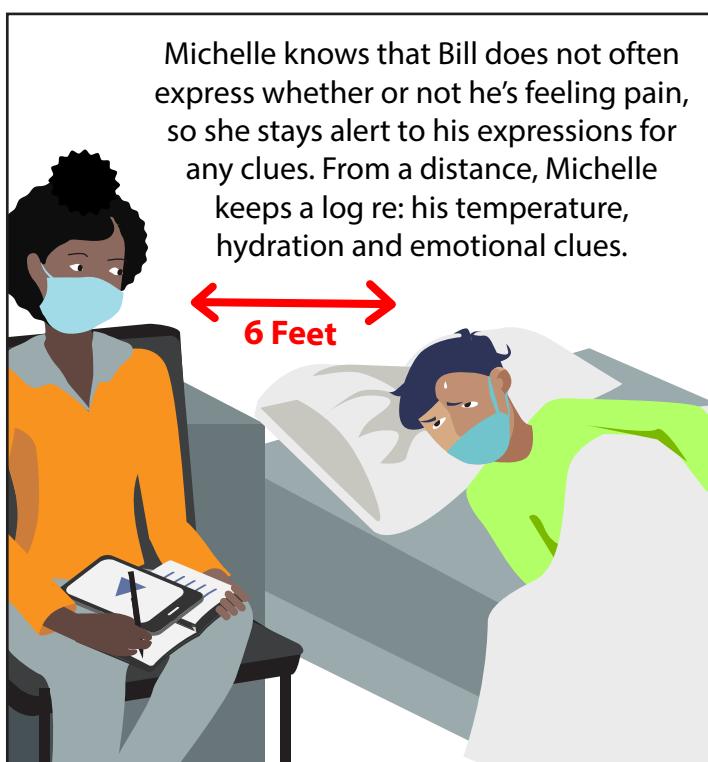
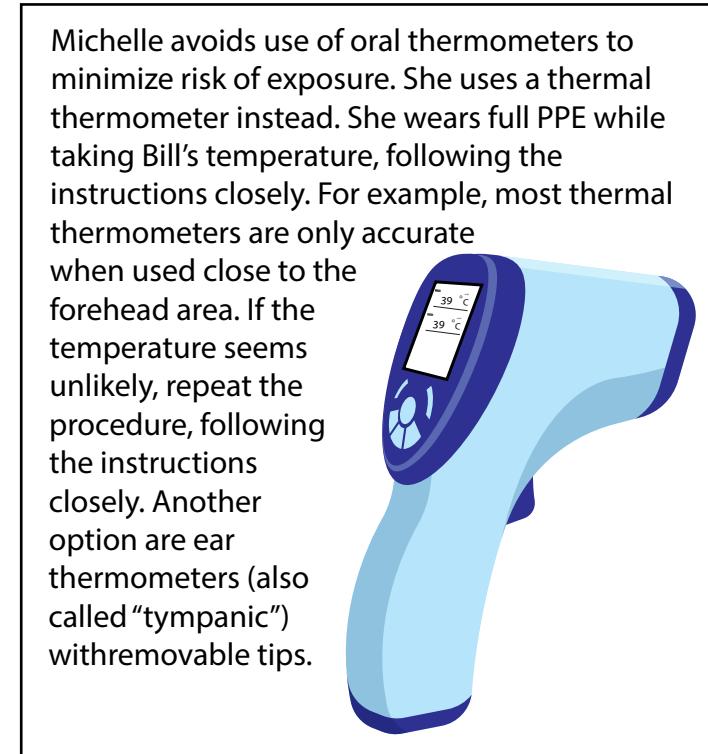
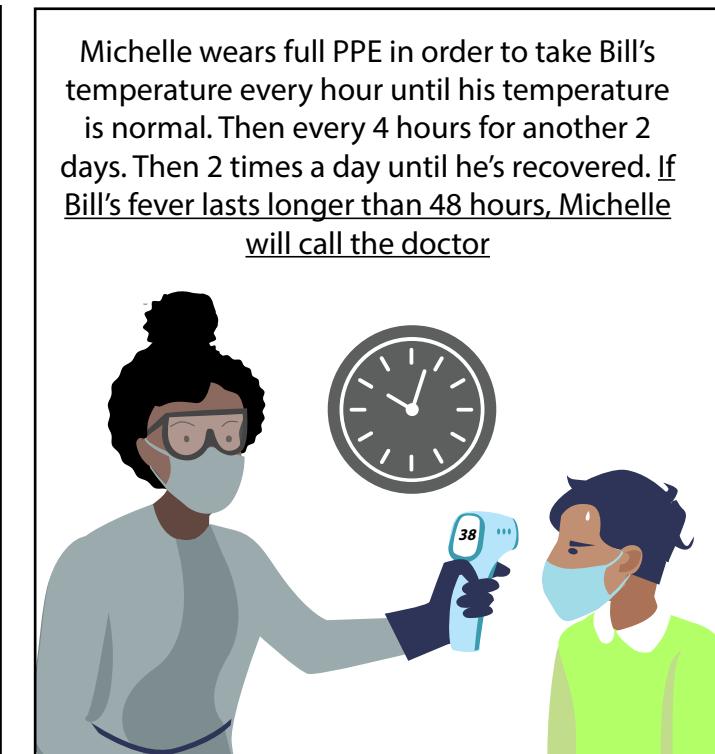
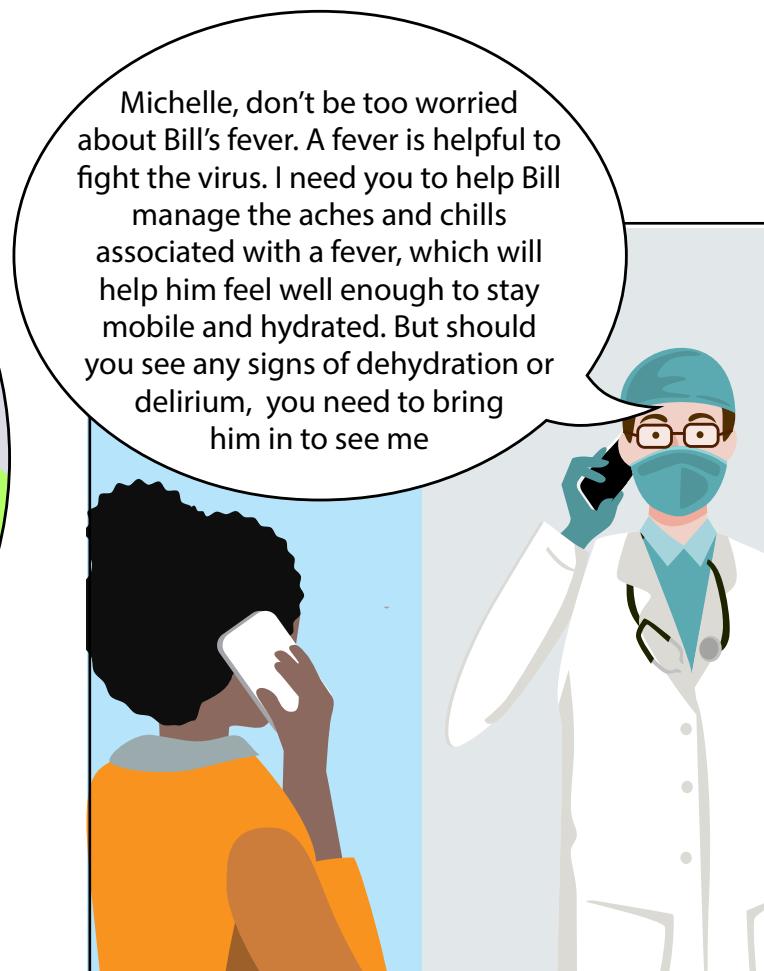
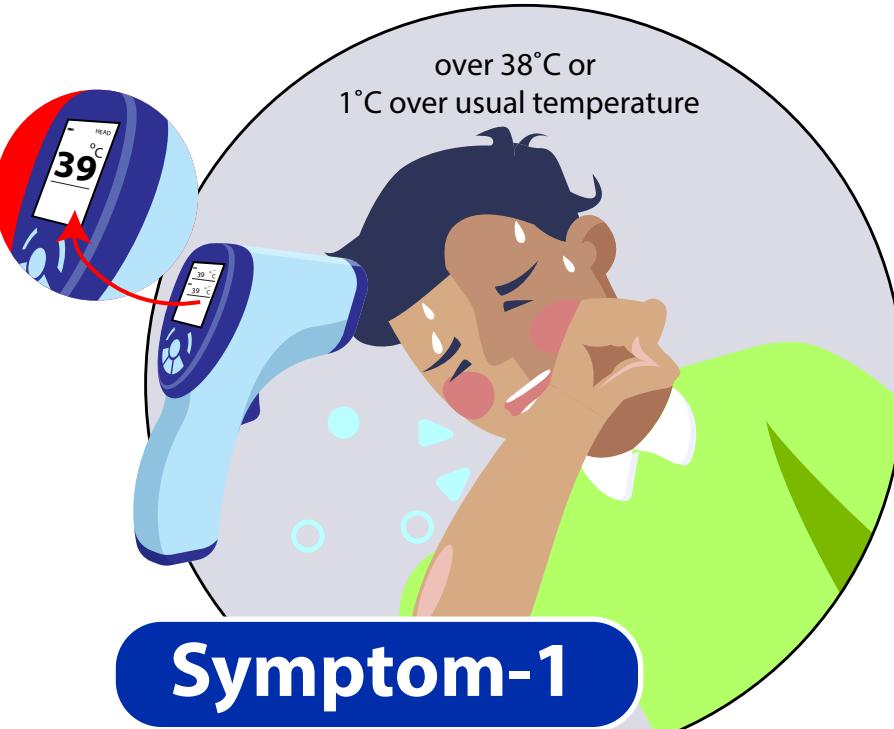
With Bill being positive, everyone in the house will comply with the guidelines outlined by Public Health, such as heightened cleaning efforts and wearing full PPE when within 6 feet of anyone probable or positive.



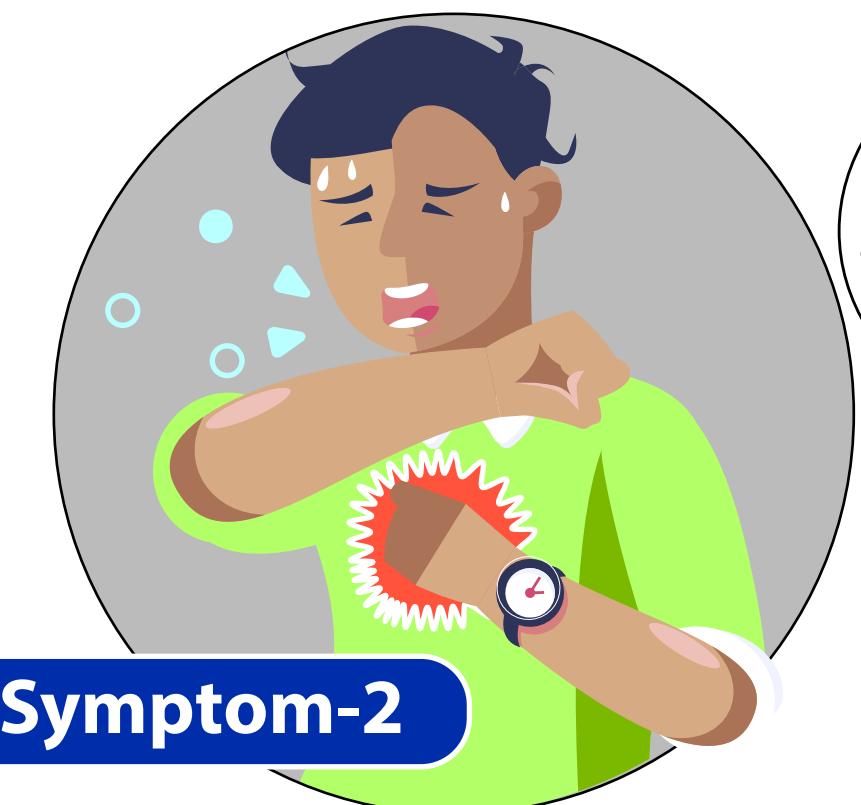
Michelle will be in regular contact with a public health investigator. Michelle will follow the public health guidance on "COVID-19 case management and contact tracing" to monitor Bill's case, complete the case tracking requested (tracking all of Bill's contacts over the past 14 days), and to learn of any updates from Public Health.



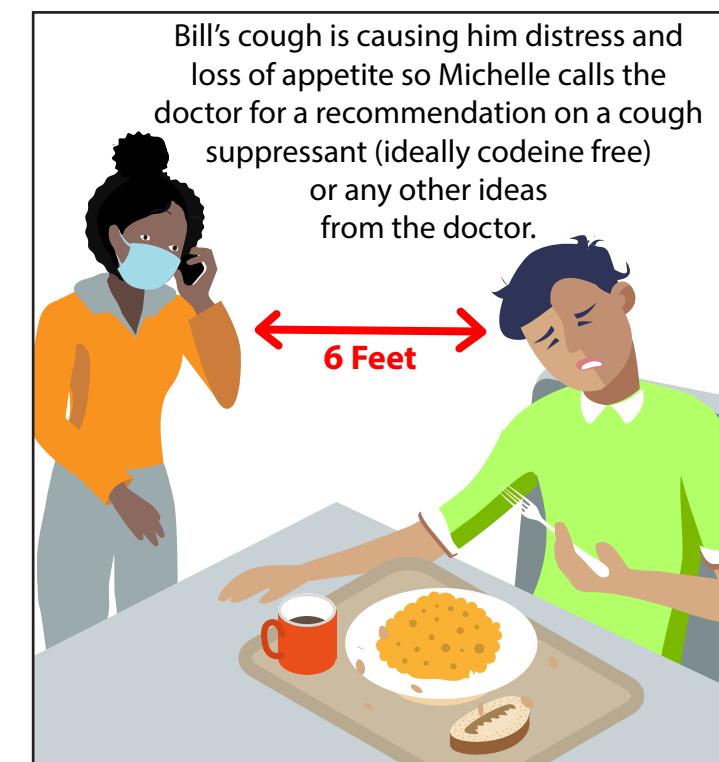
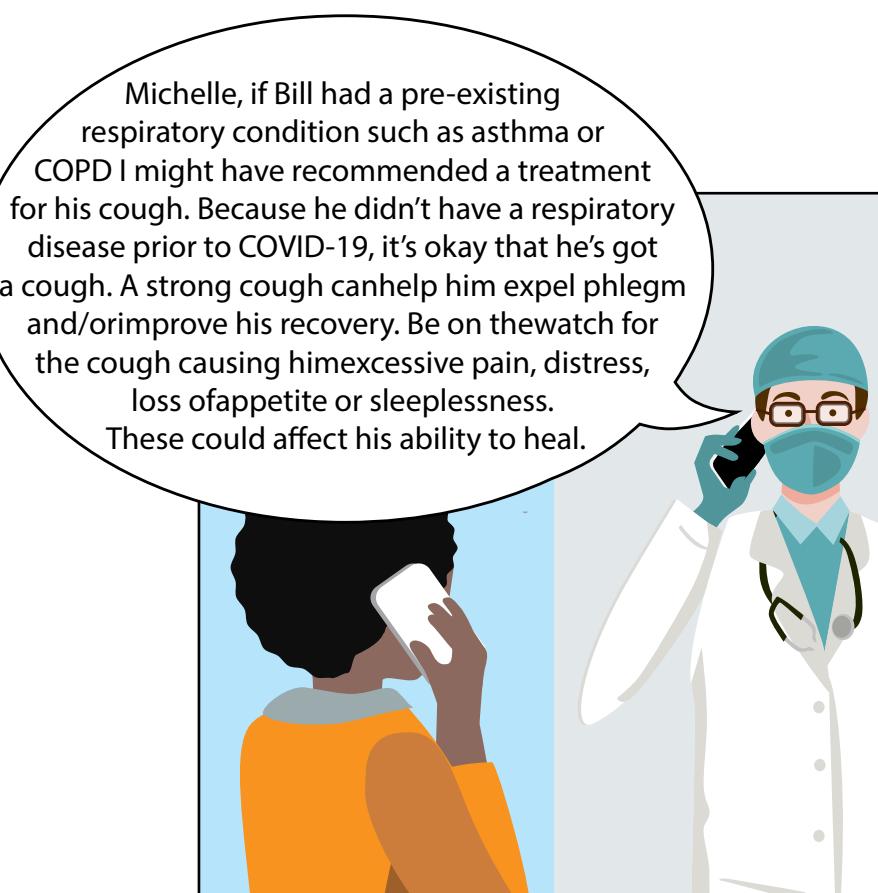
# **While sick, Bill may need support with different symptoms: Fever**



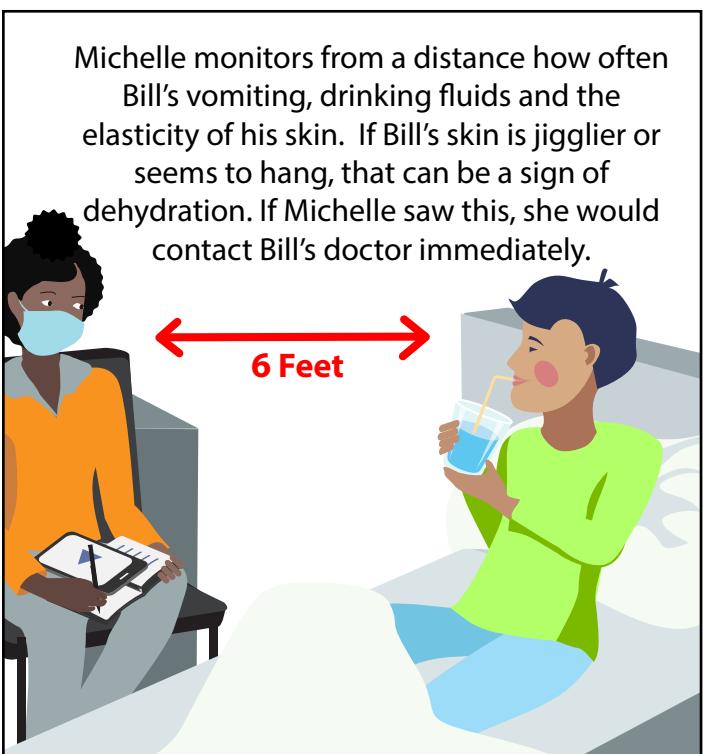
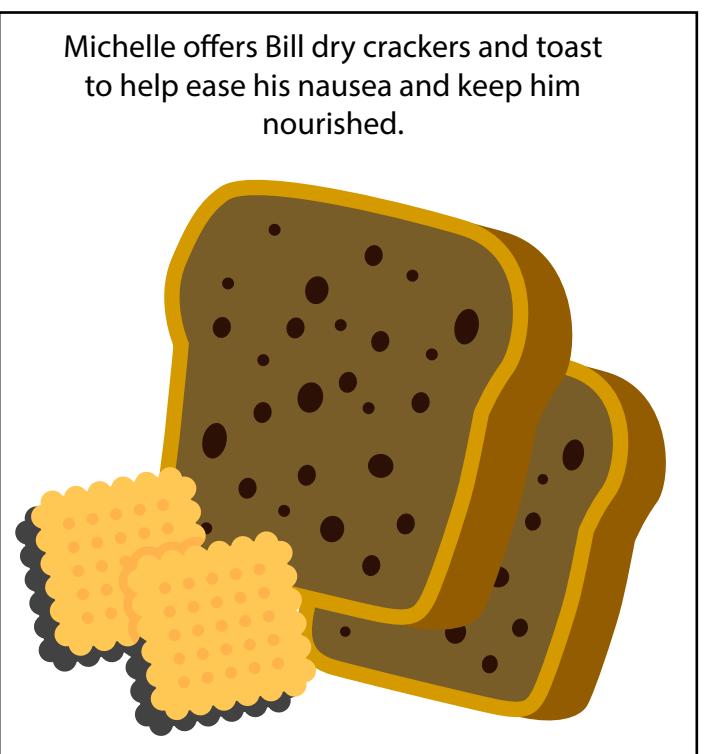
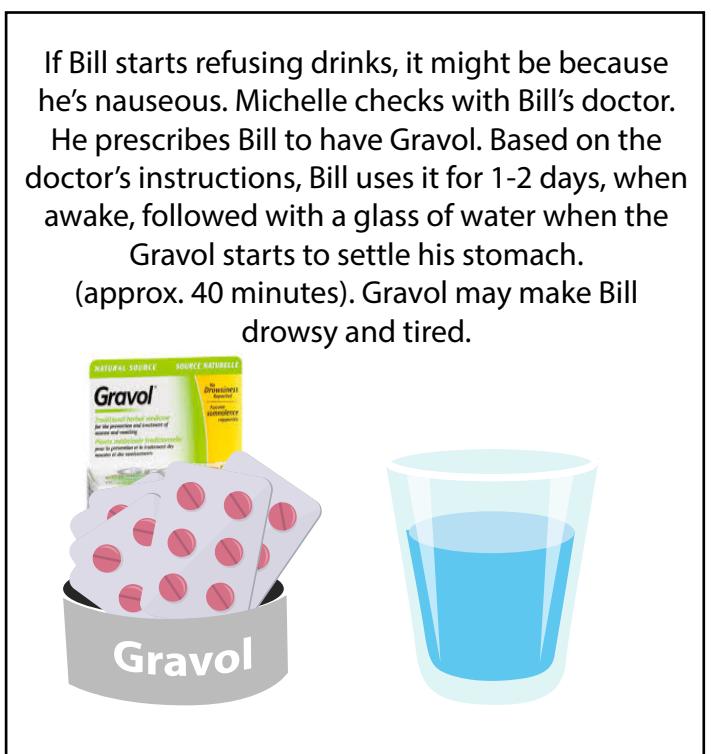
# Cough or Shortness of Breath



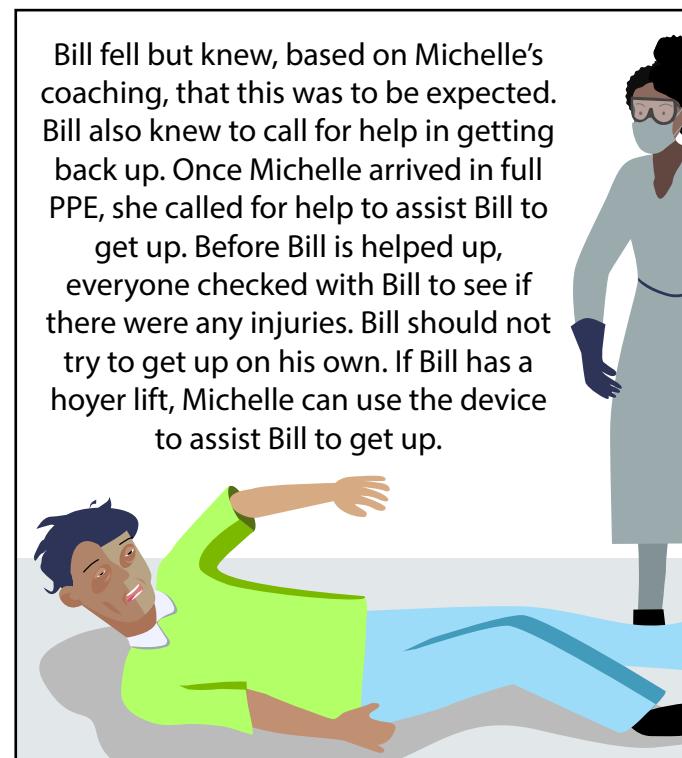
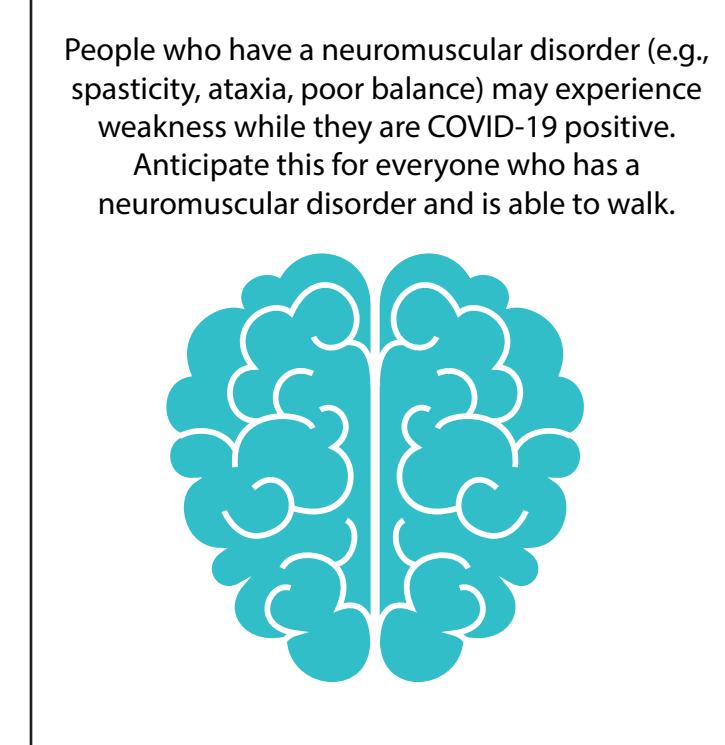
## Symptom-2



# Nausea or Vomiting



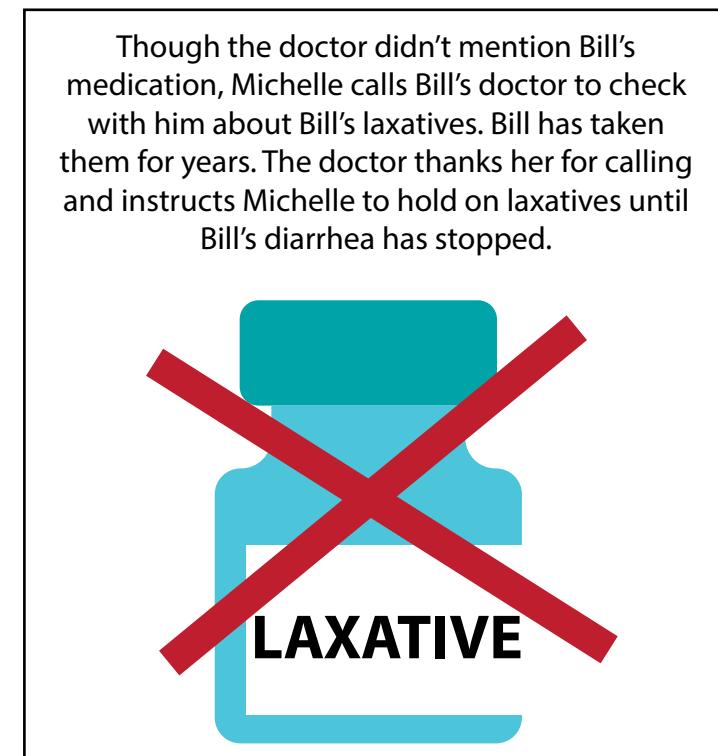
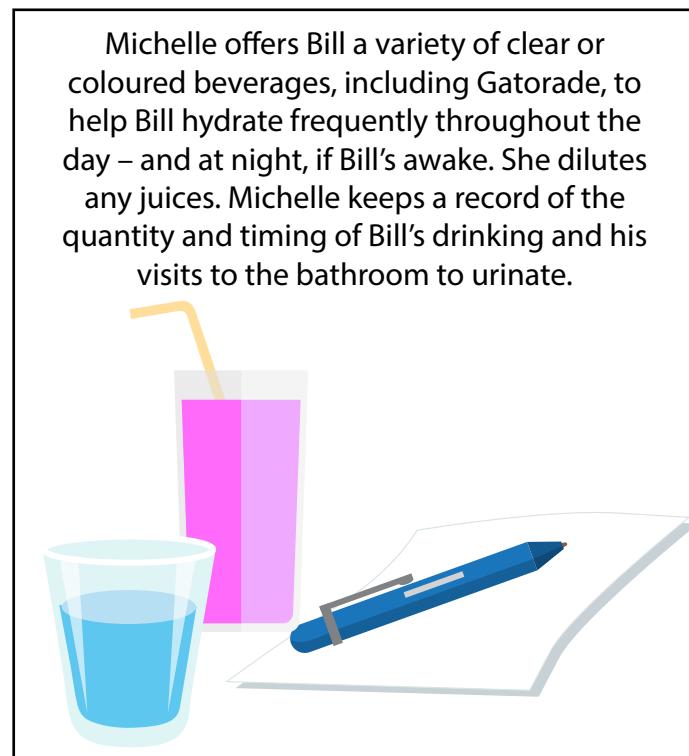
# Severe weakness or worsening of balance



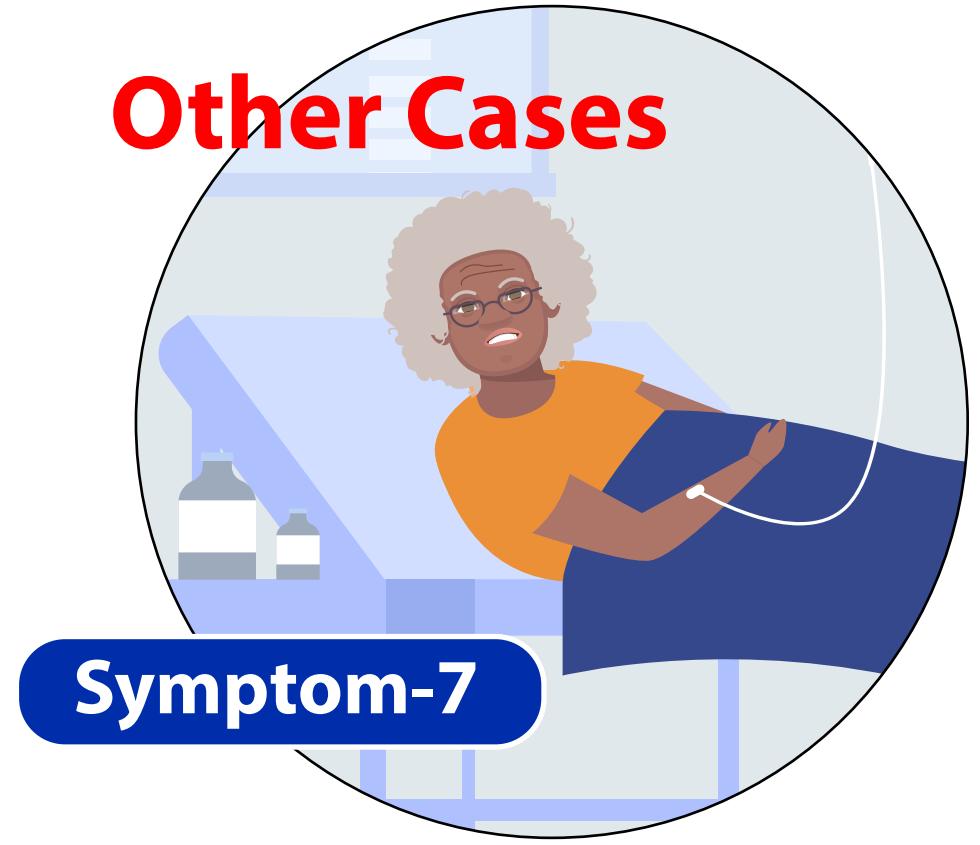
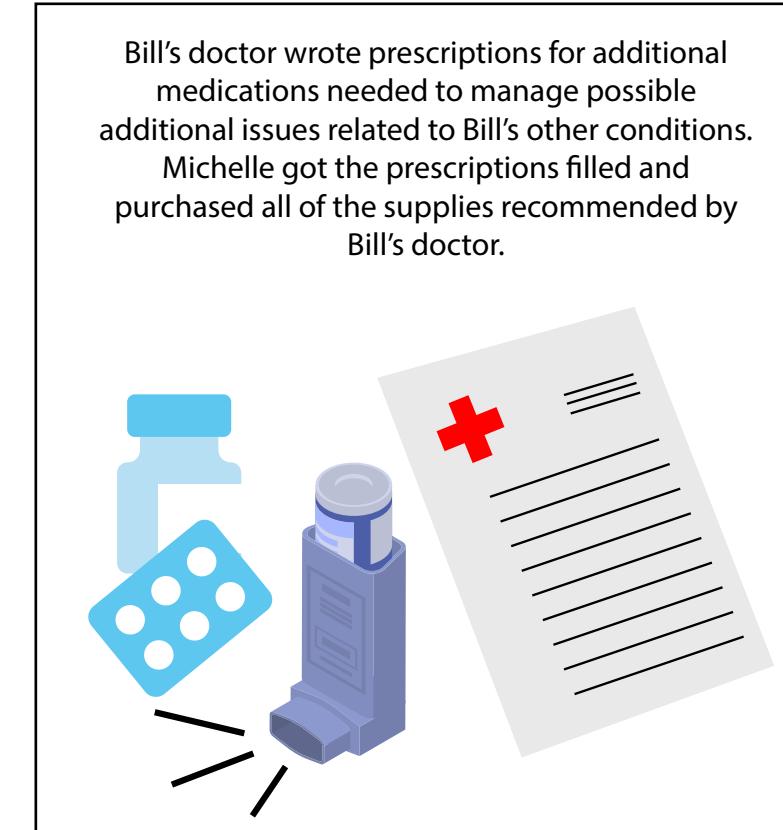
# Diarrhea



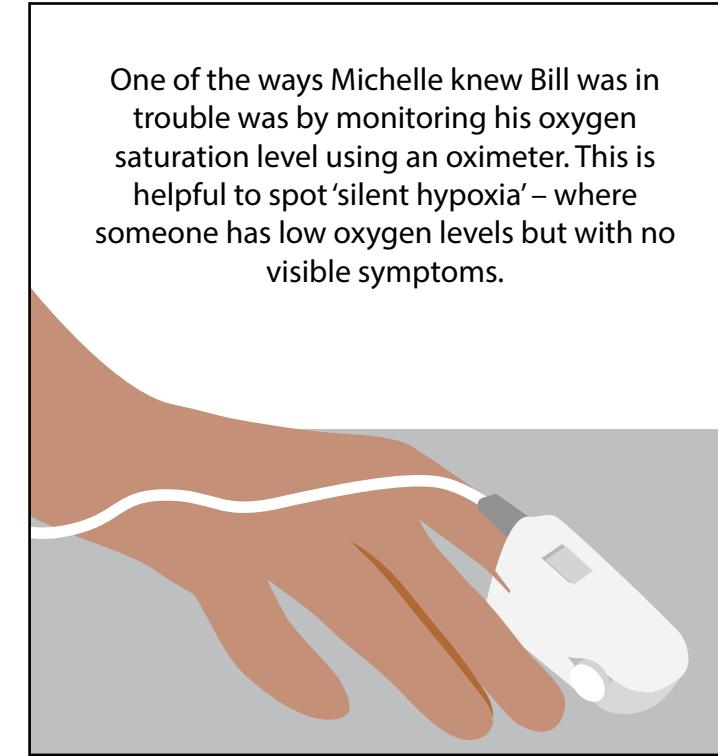
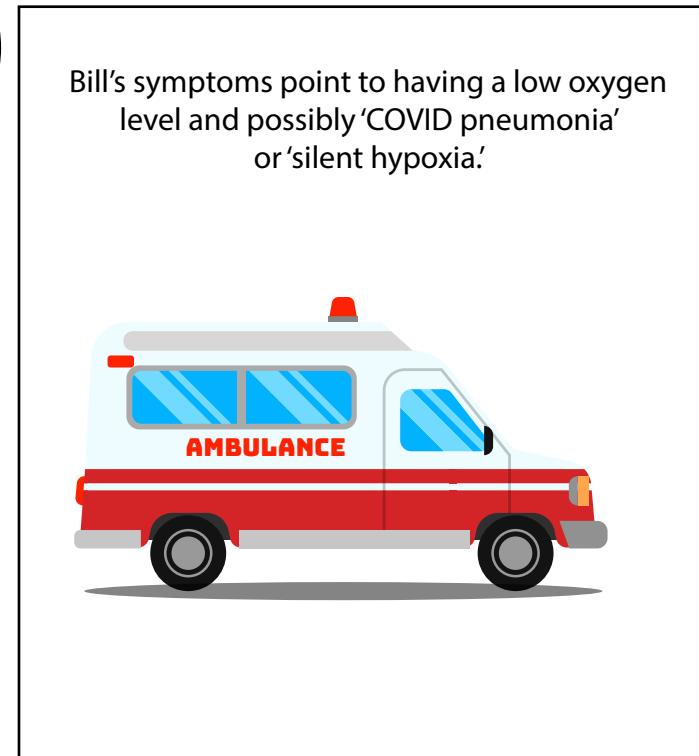
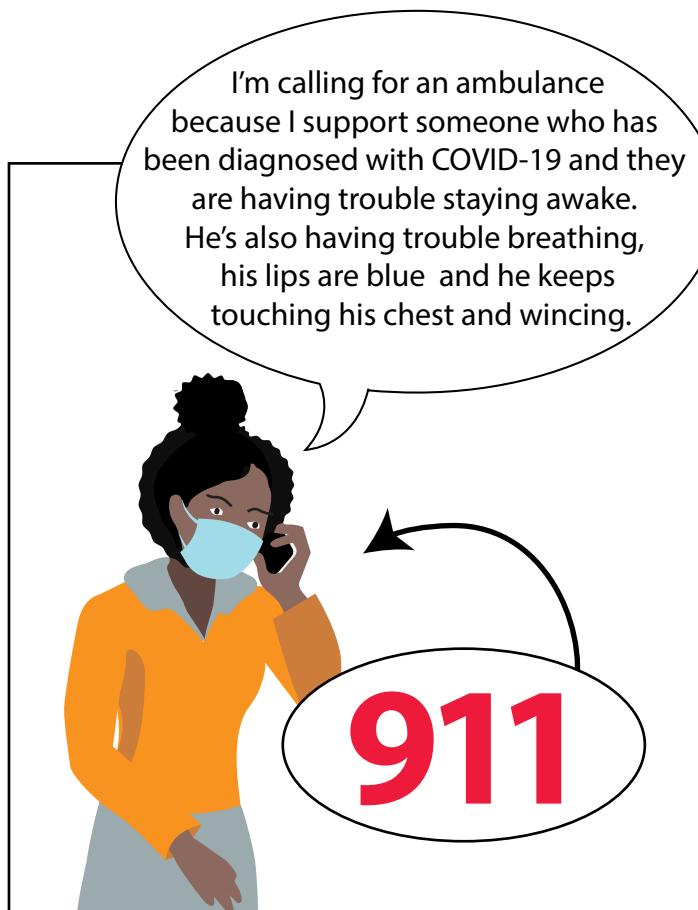
Symptom-5



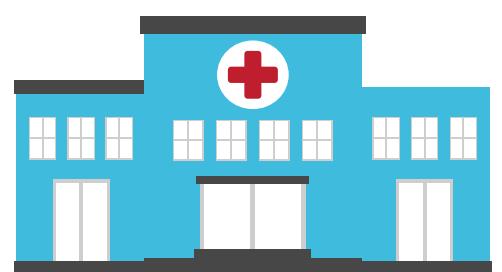
# Impact on other diagnoses



# Low oxygen level



Michelle needs to be on the watch for any signs of low oxygen levels and immediately contact 911. Symptoms include: trouble breathing, persistent pain or pressure on the chest, new confusion, inability to wake up or stay awake, bluish lips or face. With silent hypoxia there may be no symptoms other than a low oxygen reading on an oximeter (e.g., 90% or below their normal). Once calling for the ambulance, Michelle should be sure that Bill's documentation is ready to go (e.g., OHIP card, Hospital Transfer Form). Michelle can call Bill's doctor once Bill has been admitted.



# Dehydration



Michelle tracks the amount of liquids that Bill's having (including hydrating snacks like watermelon, tomatoes and grapes). Michelle also tracks Bill's trips to urinate.



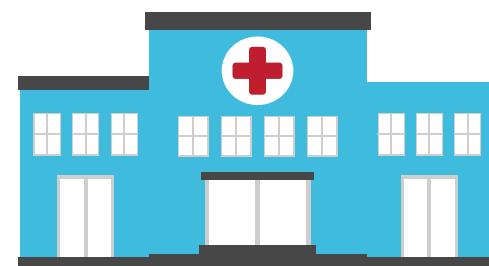
Bill's doctor may recommend that Michelle visit a health food store to buy Bill healthier versions of electrolyte replacements than Gatorade. For example, Nuun tablets are low in sugar and can be put in a glass of water and start fizzing.



If Bill's not drinking enough or he's had diarrhea, Michelle calls Bill's doctor to get his opinion. He may instruct her to hold his 'sick day' medications.



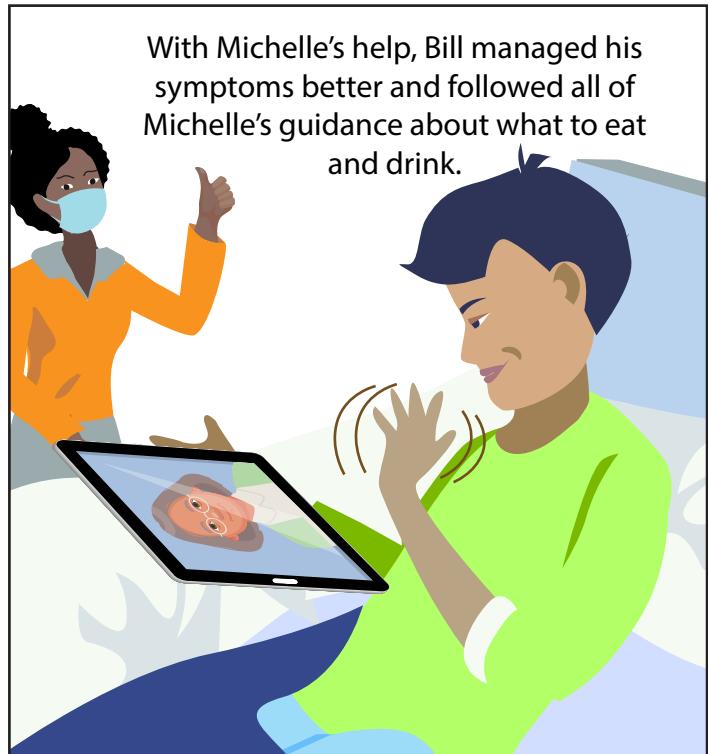
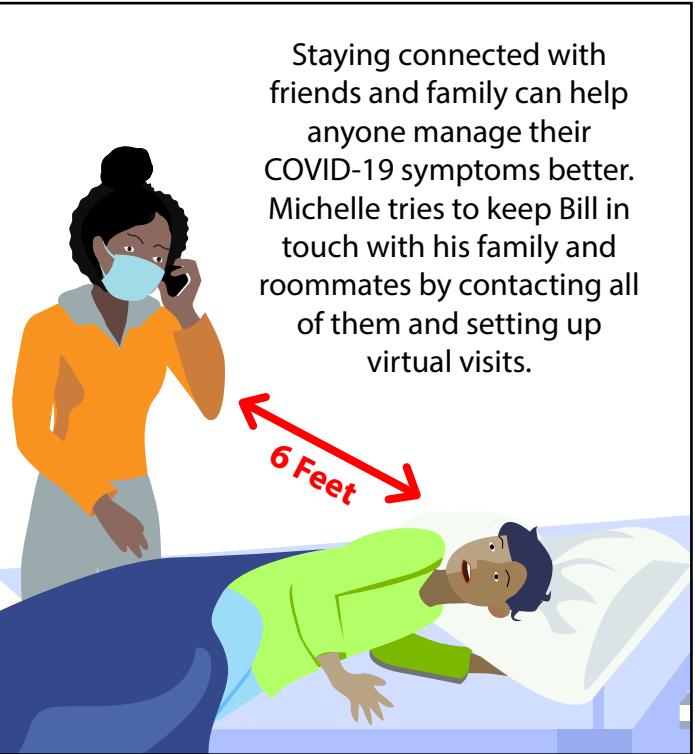
**Michelle needs to be on the watch for any signs of dehydration and contact Bill's doctor (or Telehealth if Bill's doctor is not able to be immediately reached). Bill may need to go to the hospital if he gets severe dehydration. Symptoms include: fatigue, cramping, muscle weakness, difficulty walking, dizziness, confusion, forgetfulness, headaches, difficulty breathing, sunken eyes, inability to sweat or produce tears, higher temperature, elevated heart rate, low blood pressure, low urine output, dark colored urine -- or dry mouth, nose or skin.**



# Stay connected until better



For All Symptoms



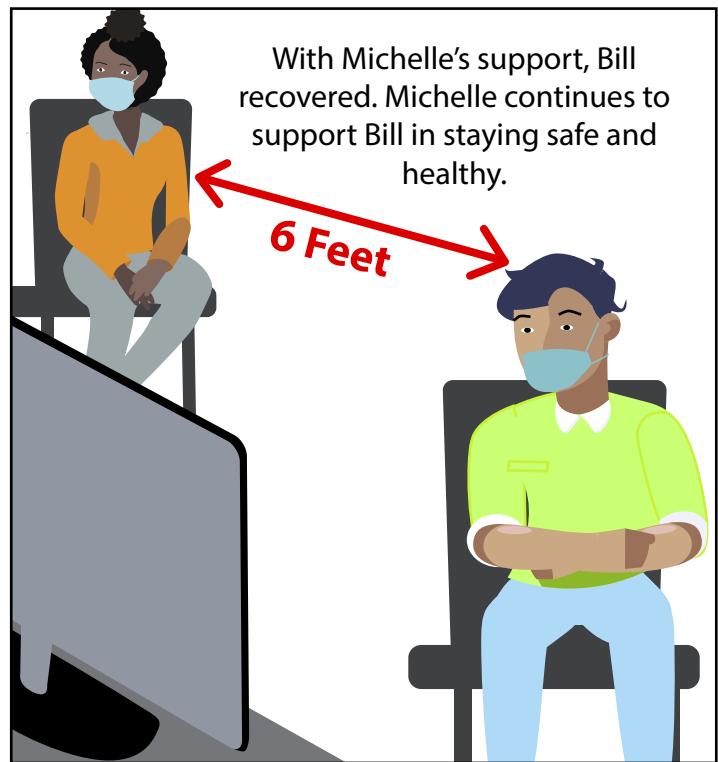
## Being prepared



On her next shopping trip for supplies, Michelle purchases items Bill used while sick, such as batteries for the thermometer, 4 days' worth of Tylenol, some Gravol, clear fluids, g-tube replacement fluids, etc. This will alleviate the need to go scrambling if Bill ever has these symptoms again.



## Conclusion



The End