





Happy December!!



December is full of holidays, but it's extra special this year as we travel to Switzerland! Switzerland is known for it's mountains, clocks, cheese, and chocolates!

All Tuesday/Thursday afternoon programs will be offered at <u>Kingsdale Community Centre</u> until **December**12. Please check booklet for locations.

All Friday Baking Programs will be at <u>Centreville-</u>
<u>Chicopee Community Centre</u> until **December 13**. Please check booklet for locations.

Please also make sure to take note of <u>special event</u> <u>locations changes.</u>

If you have any comments, questions, or concerns, please contact us:

Michelle Hunter m.hunter@sunbeamcommunity.ca 519-893-6200 ext. 1211

Office - Across from the Pool



Tuesday, December 3 - Skiing Gnome Craft - 1:00 - 2:00

With it's gorgeous mountains and snowy weather, Switzerland is a very popular spot for skiing! Join us as we make these adorable Skiing gnomes to decorate your homes!

Cost: \$25 Location: KCC Format: Sign-up





Wednesday, December 4 - Showtime Entertainment: Elvis & Friends - 11:00 - 1:30 If you're a fan of the Rock and Roll King, this show is for you! Featuring 2 Elvis impersonators singing your favourite Elvis songs, this is a show that cannot be missed! The participant must also pay for the support staff's ticket.

Cost: \$72.95 - \$40 if not eating

Location: Bingeman's Conference Centre - 425 Bingemans Centre Dr. Kitchener

Format: Sign-up



Thursday, December 5 - <u>Crock A Doodle</u> - 1:00 - 2:00

Paint some beautiful pottery pieces to decorate your own home, or give them out as gifts with the help of Crockadoodle this holiday season! When signing up, please let us know which pottery option from below you would like to paint!

Cost: \$45 Location: KCC Format: Sign-up









Friday, December 6 - <u>Baking Fridays - Erdbeeroulade</u> - 1:00 - 2:30

Also known as a swiss roll in English, this strawberry cream filled pastry roll will keep you wanting more more!

Cost: \$28 Location: CCCC Format: Sign-up





Tuesday, December 10 - Cheese Social - 1:00 - 2:00

Switzerland cheese is known for it's purity, quality, and flavours. Join us as we sample a variety of cheese in this fun, tasty social!

Cost: \$25 Location: KCC Format: Sign-up

Tuesday, December 10 - Christmas Party - 6:00 - 7:30

Celebrate this Holiday Season with friends and family at this year's Christmas party! Enjoy a performance by The Best of Friends band, a visit from Santa, and tasty snacks! Friends and family are welcome to attend and will not be charged. Please let us know how many people will be in attendance when signing up!

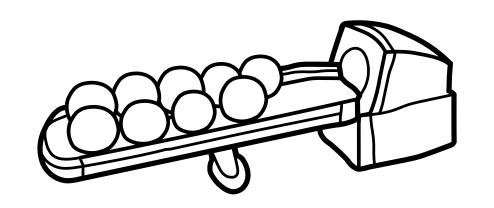
Cost: \$25 Location: Sunbeam Gym Format: Sign-up

Wednesday, December 11 - Kingpin Bowling - 11:00 - 1:30

Join us at Kingpin Bowling in Kitchener. Please arrive promptly at 11:00. After bowling, we will enjoy a Boston Pizza lunch. Staff support will be an additional \$5/ staff. Lunch includes unlimited fountain pop, 2 slices of pizza, and garden salad. If you have any dietary needs, please let the recreation staff know. This is a wonderful way to socialize with others in the community! Cost includes admission to the bowling alley and shoes if needed.







Cost: \$35 - Bowling only or \$55 for bowling and lunch plus \$5 for each staff support

Location: Kingpin Bowling - 425 Bingemans Centre Dr. Kitchener

Format: Sign-up

Thursday, December 12 - Snow Globes - 1:00-2:00

Capture the essence of the holiday season in this snowy Winter Wonderland you can take home with you!

Cost: \$30 Location: KCC Format: Sign-up



Friday, December 13 - <u>Baking Fridays - Mandelgipfel</u> - 1:00 - 2:30

Mandelgipfel is the perfect combination of flakey pastry and nutty almonds, with just a hint of fruity apricot in this scrumptious almond filled croissant roll that you don't want to miss!

Cost: \$28 Location: CCCC Format: Sign-up







Monday, December 16 - <u>Day Dance</u> - 1:00 - 2:00

Show off your dance moves in your ugly holiday sweaters at this fun themed dance! Prizes will be given to ugliest sweater, including staff prizes!

Cost: \$12 Location: Sunbeam Gym Format: Sign-up

Tuesday, December 17 - Holiday Village - 1:00 - 2:00

Switzerland is home to many beautiful villages that attract tourists all year round. Help us make our own village as we come together with this fun and creative program!

Cost: \$25 Location: KCC Format: Sign-up



Thursday, December 19 - Winter Floral Arrangements - 1:00 - 2:00

Even though winter is coming and the flowers aren't sprouting, it doesn't mean we can't enjoy the beauty of nature around us! Bring the outdoors inside as we make our own beautiful winter arrangements. Please let us know of any allergies to be aware of when signing up.

Cost: \$40 Location: Classroom 4 at Sunbeam

Format: Sign-up







Friday, December 20 - <u>Baking Fridays - Shortbread</u> <u>Cookies - 1:00 - 2:30</u>

These buttery, melt in your mouth cookies will surely get you into the holiday spirit! Make for yourself, or gift to your friends and family!



Cost: \$28 Location: Lifeskills at Sunbeam Format:

Sign-up

Friday, December 27 - <u>Baking Fridays - Cranberry Bliss Bars</u> - 1:00 - 2:30

These Starbucks copycat treats are sure to leave you craving more! Featuring cranberries and white chocolate, this recipe is a holiday game changer!

Cost: \$28 Location: Lifeskills at Sunbeam Format: Sign-up

Tuesday, December 31 - New Years' Eve Party - 10:30 - 1:00

Ring in the New Year with us at this festive party! There will be appetizers, games, a fun countdown surprise, and more! Please bring a lunch to enjoy.

Cost: \$40

Location: Sunbeam gym

Format: Sign-up









Terms of Participation

- Participants must be accompanied by a support person (CLS/RPN/Family member) for the duration of the event
- Support person/s will be expected to assist participants so that they are able to participate fully for the entire program
- Participants are asked to not attend a program if they are feeling unwell
- Medications and Feeds will not be administered by Recreation and Wellness staff
- Transportation to and from all events must be arranged by Support Person
- All fees for programs will be charged to participant passport after the program has taken place. If signing up through My Community Hub, cost will be charged at time of registration.
- Program fees include cost for passport hours of event and and any supplies needed unless otherwise specified.
- If a participant is unable to attend an event please cancel within 24 hours of the program start time. If there is no cancellation within 24 hours, the participant will be charged for the program.
- If a program is at capacity, a waitlist will be established. If a spot becomes available the participant on the waitlist will be offered a spot at least 24 hours before the program start time.
- If food is provided at a program, please give dietary restrictions/allergies at time of registration.
- For Sunbeam persons served, please email

recreation@sunbeamcommunity.ca with the following:

- *Name and Time of the Program/s
- *Name of Person/s Served that are attending
- *Name of Support Person attending with persons served
- For community participants, please go to My Community Hub to register at https://mycommunityhub.ca

SUNBEAM BOARDING PASS FLIGHT 8061



SWITZERLAND ----> CHINA

DEAPART: BERN, SWITZERLAND DECEMBER 31

ARRIVE: BEIJING, CHINA JANUARY 1



