

TRAVEL TO

SPAIN

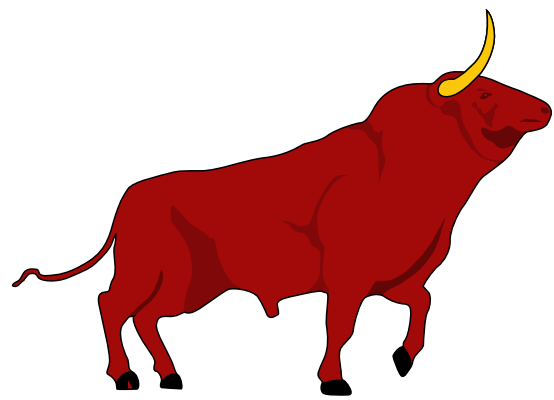
MARCH 2025



Come join us!
A month packed with adventure.



Happy March!!



This month we are travelling to Spain! Spain is known for its flamenco dancing, gorgeous architecture, beaches, and markets!

All Tuesday/Thursday afternoon programs will be offered at **Kingsdale Community Centre (KCC)**.

All Friday Baking Programs will be at **Centreville-Chicopee Community Centre (CCCC)**.

Please also make sure to take note of **special event locations changes**.

If you have any comments, questions, or concerns, please contact us:

Michelle Hunter
m.hunter@sunbeamcommunity.ca
519-893-6200 ext. 1211



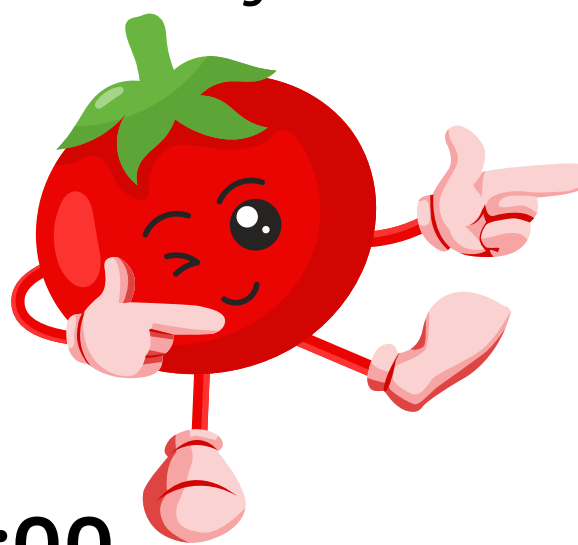
Office - Across from the Pool



Tuesday, March 4 - La Tomatina - 1:00 - 2:00

Spain knows how to *throw* a party with this fun festival: the biggest food fight in the world! Join us as we have a tomato themed day dedicated to this tomato food fight festival!

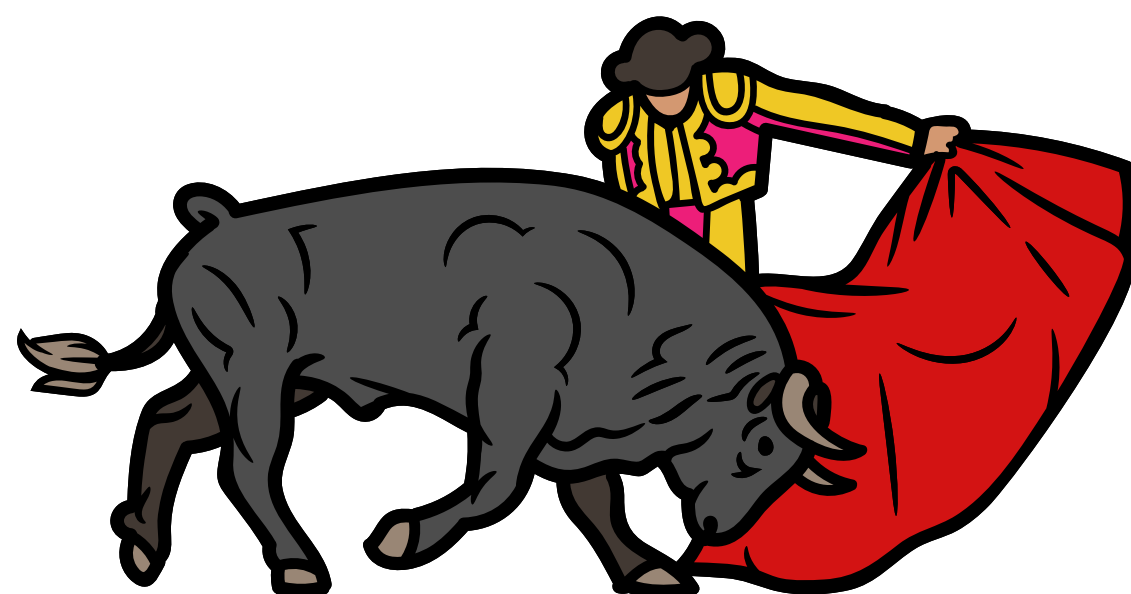
Cost: \$25 **Location:** KCC **Format:** Sign-up



Thursday, March 6 - Corrida de Toros - 1:00 - 2:00

Spain is known for their bull fights! Join us as we have our own version in this hungry hungry hippo style game!

Cost: \$25 **Location:** KCC **Format:** Sign-up



Friday, March 7 - Baking Fridays - Spanish Cake Cookies - 1:00 - 2:30

Can't choose between cake or cookies for dessert? This is the solution for you! With coffee or tea, these cookies are perfect for any time of day!

Cost: \$28 **Location:** CCCC **Format:** Sign-up



Monday, March 10 - Lion Dance - 1:00 - 2:00

We're going back to China with this incredible performance! This Lion Dance performance will have you mesmerized by its skill and elegance! In China, they are thought to bring good luck! As you're watching, enjoy some Asian snacks to fully take in the experience!

Cost: \$40 **Location:** Sunbeam Gym **Format:** Sign-up



Tuesday, March 11 - Crock A Doodle Planter - 1:00-2:00

This is more than just a fun Crock A Doodle painting program! Once our beautiful pots are all fired up and are ready to be brought home, you'll receive a gardening kit of soil and seeds to go with it! 'Tis the season for blooming! Please pick one of these pots to paint and let us know when signing up!

Cost: \$55 **Location:** KCC **Format:** Sign-up



Thursday, March 13 - Flamenco Dress - 1:00 - 2:00

Spain is known for its beautiful flamenco dancing, and with flamenco dancing comes gorgeous flowing flamenco dresses! Join us as we make our own dresses to dance the night away, and make sure to wear them for our St. Patrick's day dance!

Cost: \$25 **Location:** KCC **Format:** Sign-up



Friday, March 14 - Baking Fridays - Baked Churros - 1:00 - 2:30

Crispy on the outside, fluffy on the inside, rolled in cinnamon sugar, and served warm and dipped in a sweet dipping sauce, these churros will make your mouth-water and keep you craving more!

Cost: \$28 **Location:** CCCC **Format:** Sign-up



Sunday, March 16 - St. Patrick's Social - 12:30 - 2:30

Join us on this Sunday Funday for our St. Patrick's Day social! We will make some delicious recipes including shamrock shakes and Rice Krispy treats, with an afternoon full of a fun scavenger hunt! Can you find the end of the rainbow?

Cost: \$30 **Location:** Sunbeam Gym

Format: Sign-up



Monday, March 17 - St. Patrick's Day Dance - 1:00 - 2:00

Get those dance shoes on and and show us your best jigging! Wear green and yellow to get in the leprechaun spirit!

Cost: \$12 **Location:** Sunbeam Gym

Format: Sign-up

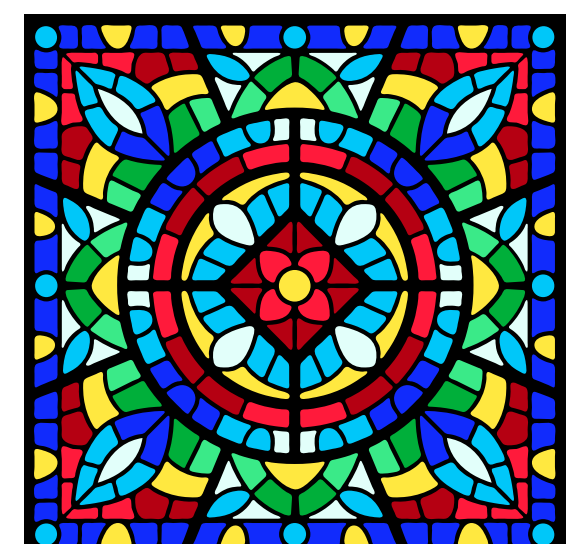
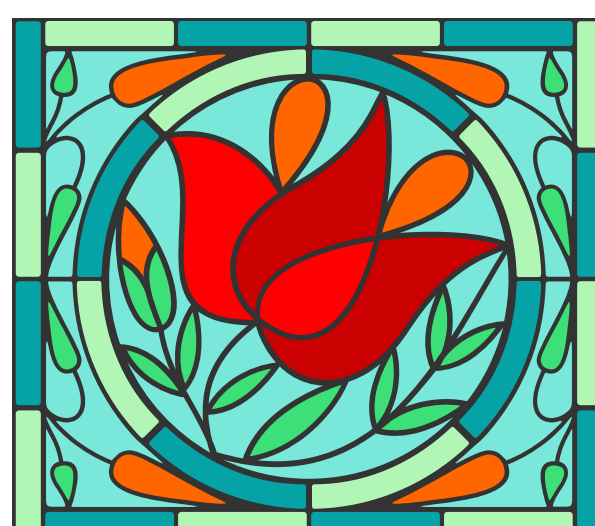


Tuesday, March 18 - Stained Glass - 1:00 - 2:00

Spain's Cathedrals have beautiful stained glass that let light shine in through beautiful colours and pictures. Join us as we make our own stained glass to put on our windows!

Cost: \$30 **Location:** KCC

Format: Sign-up



Thursday, March 20 - Spanish Sensory - 1:00 - 2:00

Explore the world of Gaudi with us in this interesting sensory program! The Gaudi buildings in Barcelona are known for the beautiful sensory experiences they give tourists including sight and touch!

Cost: \$25 **Location:** KCC **Format:** Sign-up



Friday, March 21 - Baking Fridays - Patatas Bravas - 1:00-2:30

Patatas bravas is Spain's most popular tapa! This comfort food of crispy potatoes with a smoky tomato drizzle on top is the perfect snack for your next cozy movie night at home!

Cost: \$28 **Location:** CCCC **Format:** Sign-up

Tuesday, March 25 - Entertainer - 1:00 - 2:00

Enjoy a fantastic performance by Ryan Major with us as we enjoy some snacks and beverages!

Cost: \$30 **Location:** KCC **Format:** Sign-up

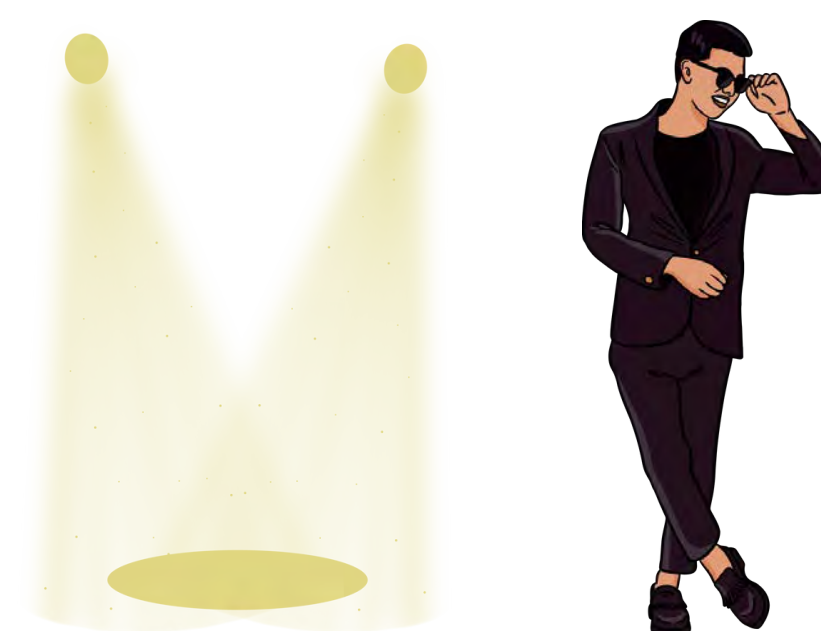


Thursday, March 27 - Runway show - 1:00 - 2:00

Get your costumes and fancy outfits out for this fabulous fashion show! We will have prizes for the best outfits! How fancy can you get?

Cost: \$25 **Location:** KCC

Format: Sign-up



Friday, March 28 - Open Gym - 1:00 - 2:30

Featuring some of Spain's most popular sports such as Soccer and Dodgeball (based off La Tomatina), this gym day is going to be a day to remember!

Cost: \$28 **Location:** CCCC **Format:** Sign-up



Terms of Participation

- Participants must be accompanied by a support person (CLS/RPN/Family member) for the duration of the event
- Support person/s will be expected to assist participants so that they are able to participate fully for the entire program
- Participants are asked to not attend a program if they are feeling unwell
- Medications and Feeds will not be administered by Recreation and Wellness staff
- Transportation to and from all events must be arranged by Support Person
- All fees for programs will be charged to participant passport after the program has taken place. If signing up through My Community Hub, cost will be charged at time of registration.
- Program fees include cost for passport hours of event and any supplies needed unless otherwise specified.
- If a participant is unable to attend an event please cancel within 24 hours of the program start time. If there is no cancellation within 24 hours, the participant will be charged for the program.
- If a program is at capacity, a waitlist will be established. If a spot becomes available the participant on the waitlist will be offered a spot at least 24 hours before the program start time.
- If food is provided at a program, please give dietary restrictions/allergies at time of registration.
- For Sunbeam persons served, please email **recreation@sunbeamcommunity.ca** with the following:
 - *Name and Time of the Program/s
 - *Name of Person/s Served that are attending
 - *Name of Support Person attending with persons served
- For community participants, please go to My Community Hub to register at **<https://mycommunityhub.ca>**

SUNBEAM BOARDING PASS

FLIGHT 8361

SPAIN ----> JAPAN

DEPART: MADRID, SPAIN MARCH 31

ARRIVE: TOKYO, JAPAN APRIL 1

Recreation
and Wellness

Sunbeam Community & Developmental Services

