

SPECIAL  
EDITION

Explore the World

SPECIAL  
EDITION

# SYDNEY

NEW SOUTH  
WALES,  
AUSTRALIA

*THE HARBOUR GEM*

33.8688° S/  
151.2093° E



Explore Australia with us!

June, 2025





Happy June!!

This month we are travelling to Australia! Australia is known for it's wildlife, nature, laidback cultures, food, and more!

All Tuesday/Thursday afternoon programs will be offered at **Kingsdale Community Centre (KCC).**

All Friday Baking Programs will be at **Centreville-Chicopee Community Centre (CCCC).**

Please also make sure to take note of **special event location changes and other location changes at the end of the month.**

If you have any comments, questions, or concerns, please contact us:

Michelle Hunter  
m.hunter@sunbeamcommunity.ca  
519-893-6200 ext. 1211

Office - Across from the Pool



### **Tuesday, June 3 - Australian Bingo - 1:00-2:00**

Bingo was his name-o! Join us as we bring back our popular bingo program with this Australian rendition, and win some fun prizes!

**Cost:** \$30 **Location:** KCC **Format:** Sign-up



### **Thursday, June 5 - Rain stick - 1:00 - 2:00**

Rain sticks are beautiful sounding instruments that sound... you guessed it, like rain! They are believed to have been used in rain-making ceremonies by the indigenous! Join us as we make our own in this fun, loud program!

**Cost:** \$30 **Location:** KCC **Format:** Sign-up



### **Friday, June 6 - Baking Friday - Iced Vovo - 1:00 - 2:30**

This popular Australian treat is a delicious, perfect combination of a buttery biscuit, topped with sweet pink frosting, and tangy raspberry jam! What a scrumptious way to end the first week of June!

**Cost:** \$33 **Location:** Sunbeam Life Skills **Format:** Sign-up



### **Tuesday, June 10 - Great Barrier Reef Craft - 1:00-2:00**

The Great Barrier Reef is the world's largest coral reef system, composed of thousands of different species of wildlife. make your own in this creative seascape program!

**Cost:** \$30 **Location:** KCC **Format:** Sign-up



### **Thursday, June 12- Sydney Opera House Craft - 1:00 - 2:00**

The design and construction of the Sydney Opera House is absolutely unmatched to anything you've seen before! Create your own version of the Sydney Opera House to take some with you in this craft program!

**Cost:** \$30 **Location:** KCC **Format:** Sign-up





### **Friday, June 13 - Tim Tam Cupcakes - 1:00 - 2:30**

Tim Tams are an Australian cookie, but we're putting a twist on them in this delicious program! A moist chocolate cake with chocolate icing, and with crunchy Tim-Tam cookie pieces, it's chocolate galore with this chocolate program!

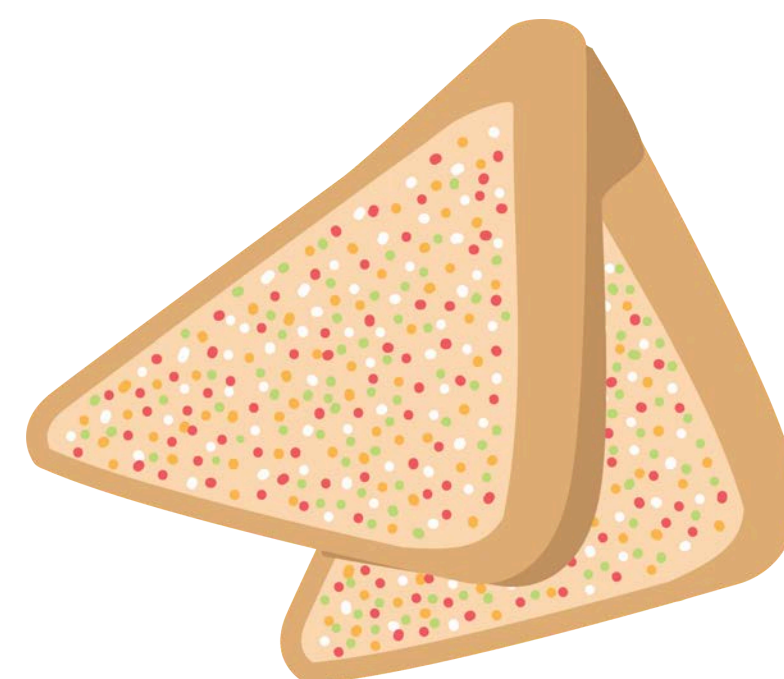


**Cost:** \$33 **Location:** Sunbeam Life Skills **Format:** Sign-up

### **Tuesday, June 17 - Social Down Under - 1:00 - 2:00**

In this Australian social, we will learn some interesting facts about Australia, and feast on some popular Australian snacks!

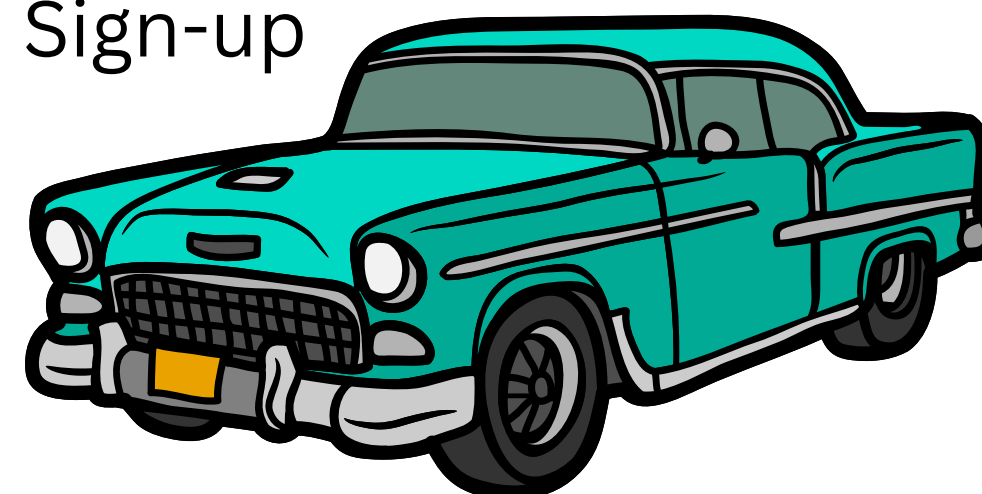
**Cost:** \$30 **Location:** KCC **Format:** Sign-up



### **Tuesday, June 17 - Cruise Night - 5:30-7**

We're doing this Tuesday night a little differently with a cruise night! Contrary to what you might think, there's no boats in this program! Come join us as we engage in music, food, and classic cruiser cars! It'll be a night to remember, you absolutely don't want to miss it!

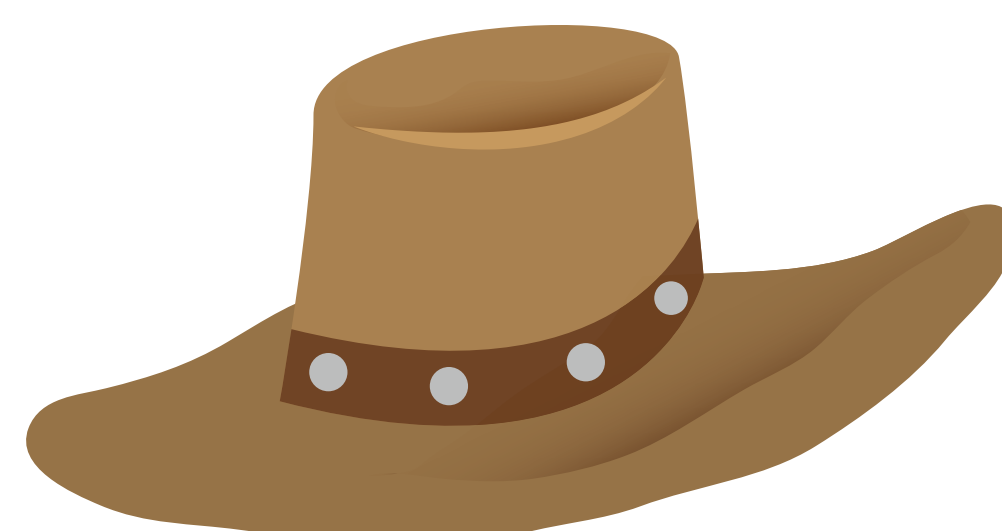
**Cost:** \$40 **Location:** Sunbeam front parking lot **Format:** Sign-up



### **Thursday, June 19 - Hat Decorating - 1:00 - 2:00**

Australia is known for its beautiful landscapes, especially their deserts and beaches because of all the sun they get, and that means they have to wear hats! Decorate your own hat at this fun program to get you sun ready for the summer!

**Cost:** \$30 **Location:** KCC **Format:** Sign-up





### **Friday, June 20 - Gym Day - 1:00 - 2:30**

Running, shooting hoops, dodgeball, you name it, you got it, at this energetic and exciting gym program!

**Cost:** \$30 **Location:** CCCC **Format:** Sign-up



### **Tuesday, June 24 - Flower Day Dance - 1:00 - 2:00**

Get your Hawaiian shirts and floral dresses out for this Flower-themed day dance! What better way to start the summer?!

**Cost:** \$17 **Location:** Sunbeam Gym **Format:** Sign-up



### **Tuesday, June 24 - Karaoke Night - 6:00 - 7:00**

We're going back to Edelweiss Tavern for this exciting karaoke night! Bring your friends and family and sing the night away while enjoying some tasty snacks, and buy drinks of your choice, including near-beers!

**Cost:** \$45 **Location:** Edelweiss **Format:** Sign-up



### **Thursday June 26 - Riverside Park Picnic Lunch - 11:00 - 1:30**

As the weather gets nicer, it's time to enjoy the great outdoors! Bring your own lunch to this program and enjoy a picnic lunch with us!

**Cost:** \$35 **Location:** Riverside Park **Format:** Sign-up



### **Friday, June 27 - Anzak Biscuits - 1:00 - 2:30**

Fun fact: These biscuits were sent to soldiers during the war as they don't contain eggs, and therefore could last the long trips to the soldiers! These coconut oatmeal cookies are crispy, buttery, and toffee-flavoured, how much better does it get?

**Cost:** \$33 **Location:** Sunbeam Life Skills **Format:** Sign-up





## **Terms of Participation**

- Participants must be accompanied by a support person (CLS/RPN/Family member) for the duration of the event if they require support to fully participate or require medical or safety support.
- Support person/s will be expected to assist participants so that they are able to participate fully for the entire program
- Participants are asked to not attend a program if they are feeling unwell
- Medications and Feeds will not be administered by Recreation and Wellness staff
- Transportation to and from all events must be arranged by Support Person
- All fees for programs will be charged to participant passport after the program has taken place. If signing up through My Community Hub, cost will be charged at time of registration.
- Program fees include cost for passport hours of event and any supplies needed unless otherwise specified.
- If a participant is unable to attend an event please cancel within 24 hours of the program start time. If there is no cancellation within 24 hours, the participant will be charged for the program.
- If a program is at capacity, a waitlist will be established. If a spot becomes available the participant on the waitlist will be offered a spot at least 24 hours before the program start time.
- If food is provided at a program, please give dietary restrictions/allergies at time of registration.
- For Sunbeam persons served, please email **recreation@sunbeamcommunity.ca** with the following:
  - \*Name and Time of the Program/s
  - \*Name of Person/s Served that are attending
  - \*Name of Support Person attending with persons served
- For community participants, please go to My Community Hub to register at **<https://mycommunityhub.ca>**



# SUNBEAM BOARDING PASS

FLIGHT 6983

**AUSTRALIA** ----> **MONGOLIA**

DEPART: SYDNEY, AUSTRALIA JUNE 30

ARRIVE: ULAANBAATAR, MONGOLIA, JULY 1

Recreation  
and Wellness  
Sunbeam Community & Developmental Services

