

TRAVEL TO TANZANIA

September 2025

DISCOUNT UP TO
70% OFF



KILIMANJARO



BEACHES



SAFARI



Happy September!!

This month we are travelling to Tanzania! Tanzania is known for it's wildlife and vast beautiful landscapes, including mountains, and beaches!

All Tuesday/Thursday afternoon programs will be offered at **Kingsdale Community Centre (KCC).**

All Friday Baking Programs will be at **Centreville-Chicopee Community Centre (CCCC).**

Please also make sure to take note of **special event location changes and other location changes at the end of the month.**

If you have any comments, questions, or concerns, please contact us:

Michelle Hunter
m.hunter@sunbeamcommunity.ca
519-893-6200 ext. 1211

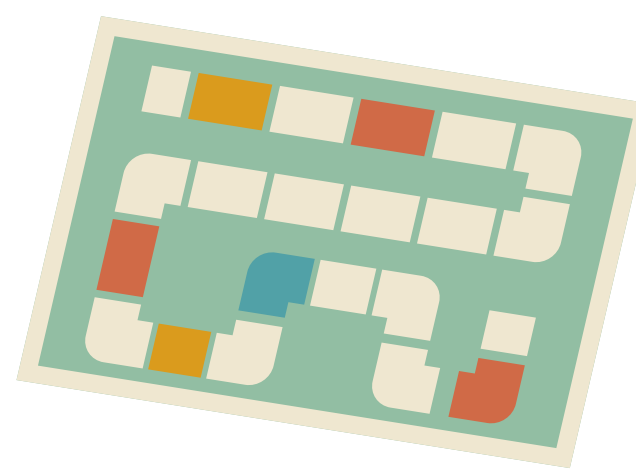
Office - Across from the Pool



Tuesday, September 2 - Board Games - 1:00-2:00

Get your competitive spirit on with some fun board games at this games day!

Cost: \$30 **Location:** KCC **Format:** Sign-up



Thursday, September 4 - Animal Crown - 1:00 - 2:00

Tanzania is full of all kinds of animals, so let's make a cool crown to represent these wild, beautiful creatures! What animal crown will you make?

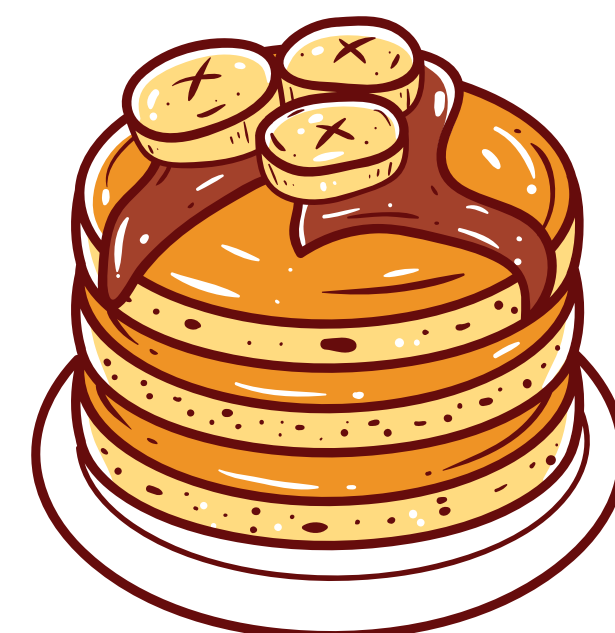
Cost: \$30 **Location:** KCC **Format:** Sign-up



Friday, September 5 - Baking Friday - Banana Pancakes- 1:00 - 2:30

With hints of cinnamon, these naturally sweet, deliciously fluffy pancakes are sure to make a regular appearance at your breakfast table!

Cost: \$33 **Location:** Lifeskills **Format:** Sign-up



Tuesday, September 9 - Waterloo Park Picnic + Scavenger Hunt - 1:00-2:00

Bring your own lunch and join us at Waterloo Park for a picnic and nature scavenger hunt! Let's enjoy the fall weather together!

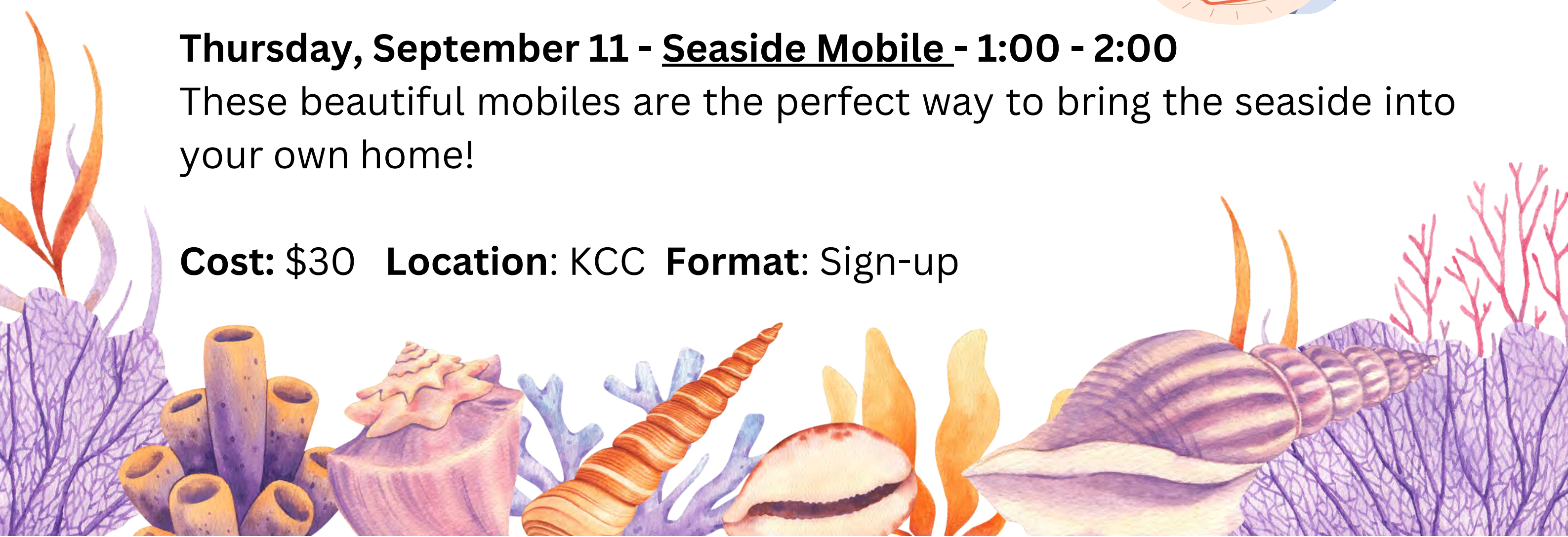
Cost: \$30 **Location:** Waterloo Park **Format:** Sign-up



Thursday, September 11 - Seaside Mobile - 1:00 - 2:00

These beautiful mobiles are the perfect way to bring the seaside into your own home!

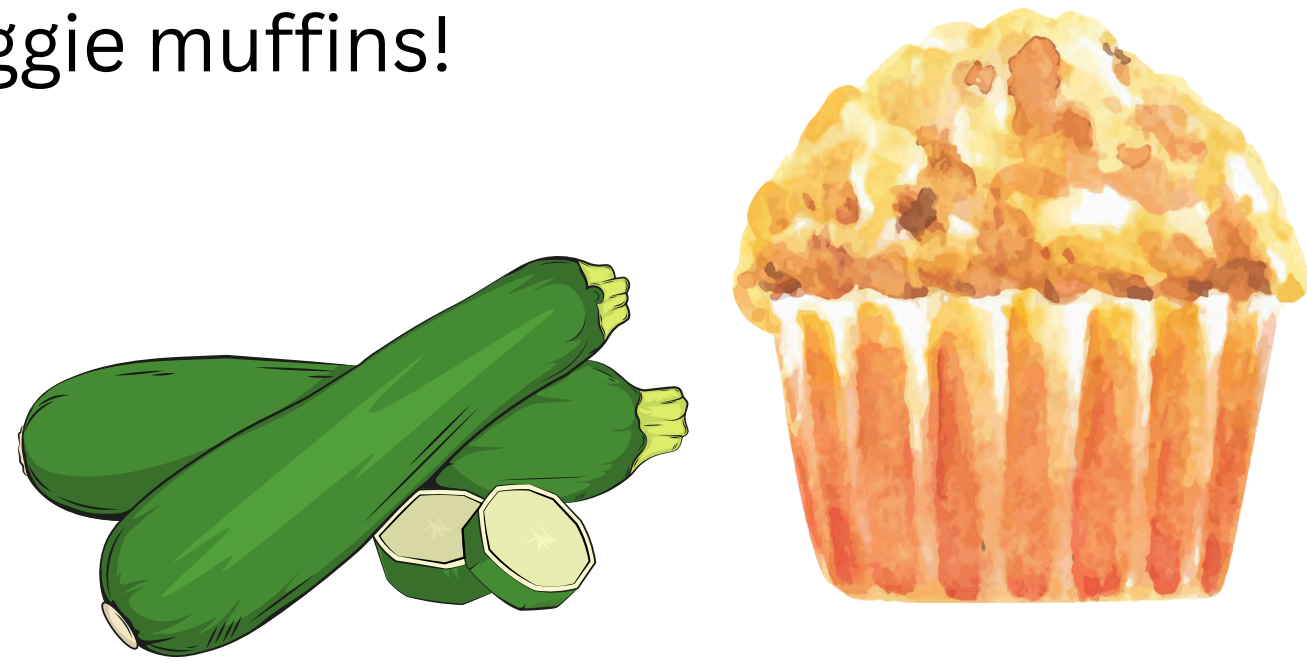
Cost: \$30 **Location:** KCC **Format:** Sign-up



Friday, September 12 - Zucchini Muffins - 1:00 - 2:30

Healthy muffins have never tasted this good, you can't even taste the zucchini! Join us as we make these delicious veggie muffins!

Cost: \$33 Location: CCCC Format: Sign-up



Tuesday, September 16 - Fall Leaf Craft - 1:00 - 2:00

The turning leaves are stunning outside, let's bring some of the beauty indoors with this fun fall leaf craft!

Cost: \$30 Location: KCC Format: Sign-up



Thursday, September 18 - Fall Bingo - 1:00 - 2:00

Bingo was his name-o! Join us as we bring back our popular bingo program with this Fall rendition, and win some fun prizes!

Cost: \$30 Location: KCC Format: Sign-up



Friday, September 19 - Apple Crisp - 1:00 - 2:30

A crunchy oat blanket over a sweet warm, tender cinnamon covered apple bed is the perfect way to warm up this fall season

Cost: \$33 Location: CCCC Format: Sign-up



Monday, September 22 - Pocket Pets - 1:00 - 2:00

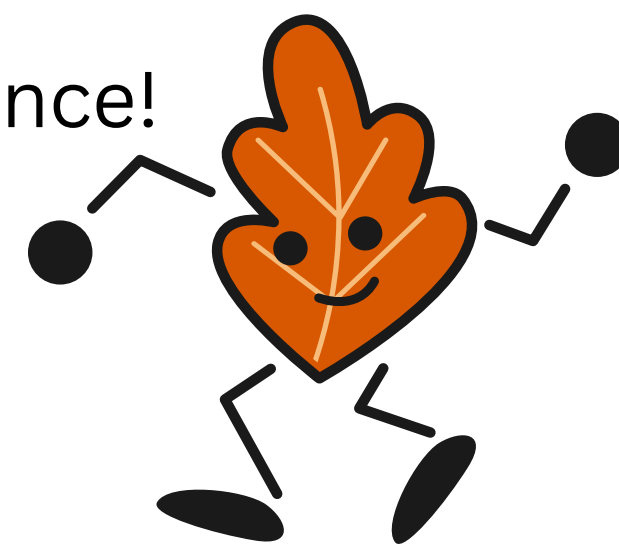
Learn about these fun little critters at this adorable and interactive program!

Cost: \$35 Location: Sunbeam Gym Format: Sign-up



Tuesday, September 23 - Festive Fall Dance - 1:00 - 2:00

Wear your fall colours and dancing shoes for this fall themed dance!



Cost: \$17 **Location:** Sunbeam Gym **Format:** Sign-up

Wednesday, September 24 - Kingpin Bowling - 6:00 - 7:00

Join us at Kingpin Bowling in Kitchener. Please arrive promptly at 11:00. After bowling, we will enjoy a Boston Pizza lunch. Staff support will be an additional \$5/ staff. Lunch includes unlimited fountain pop, 2 slices of pizza, and garden salad. If you have any dietary needs, please let the recreation staff know. This is a wonderful way to socialize with others in the community! Cost includes admission to the bowling alley and shoes if needed.

Cost: \$40 - Bowling only or \$60 for bowling and lunch plus \$5 for each staff support

Location: Kingpin Bowling - 425 Bingemans Centre Dr. Kitchener Format: Sign-up



Cost: \$40 - 60 **Location:** Kingpin **Format:** Sign-up

Thursday September 25 - Mount Kilimanjaro - 11:00 - 1:30

Mount Kilimanjaro is the highest mountain in Africa! Join us as we make make this mountain through torn paper art!



Cost: \$30 **Location:** KCC **Format:** Sign-up

Friday, September 26 - Sundae Social - 11:00 - 12:30

It's that time of the year, the end of summer! Join us and Bob Mclean for a float social! Please bring a lunch to enjoy during the performance and floats will be served after!

Cost: \$40 **Location:** Sunbeam Gym **Format:** Sign-up

Tuesday, September 30 - Freestyle Canvas Painting - 1:00 - 2:00

We're bringing out the paints, and it's your time to shine! Get creative in this do-it-yourself program and put your imagination to the test!

Cost: \$30 **Location:** KCC **Format:** Sign-up



Terms of Participation

- Participants must be accompanied by a support person (CLS/RPN/Family member) for the duration of the event if they require support to fully participate or require medical or safety support.
- Support person/s will be expected to assist participants so that they are able to participate fully for the entire program
- Participants are asked to not attend a program if they are feeling unwell
- Medications and Feeds will not be administered by Recreation and Wellness staff
- Transportation to and from all events must be arranged by Support Person
- All fees for programs will be charged to participant passport after the program has taken place. If signing up through My Community Hub, cost will be charged at time of registration.
- Program fees include cost for passport hours of event and any supplies needed unless otherwise specified.
- If a participant is unable to attend an event please cancel within 24 hours of the program start time. If there is no cancellation within 24 hours, the participant will be charged for the program.
- If a program is at capacity, a waitlist will be established. If a spot becomes available the participant on the waitlist will be offered a spot at least 24 hours before the program start time.
- If food is provided at a program, please give dietary restrictions/allergies at time of registration.
- For Sunbeam persons served, please email **recreation@sunbeamcommunity.ca** with the following:
 - *Name and Time of the Program/s
 - *Name of Person/s Served that are attending
 - *Name of Support Person attending with persons served
- For community participants, please go to My Community Hub to register at **<https://mycommunityhub.ca>**

SUNBEAM BOARDING PASS

FLIGHT 6983

TANZANIA ----> **THAILAND**

DEPART: DODOMA, TANZANIA, SEPTEMBER 30

ARRIVE: BANGKOK, THAILAND, OCT. 1

Recreation
and Wellness
Sunbeam Community & Developmental Services

