



Explore **UKRAINE**

December 2025



Happy December!!

This month we are travelling to Ukraine! Ukraine is known for it's delicious cuisine, beautiful landscapes, and vibrant culture!

All Tuesday/Thursday afternoon programs will be offered at **The Kingsdale Community Centre (KCC)** until **Dec 18th**.

On Dec 23rd Tuesday/Thursday programs will be in Classroom 4 at Sunbeam.

All Friday Baking Programs will be at **Centreville Chicopee Community Centre (CCCC)**.

Please also make sure to take note of **special event locations and other location changes.**

If you have any comments, questions, or concerns, please contact us:

Michelle Hunter
m.hunter@sunbeamcommunity.ca
519-893-6200 ext. 1211

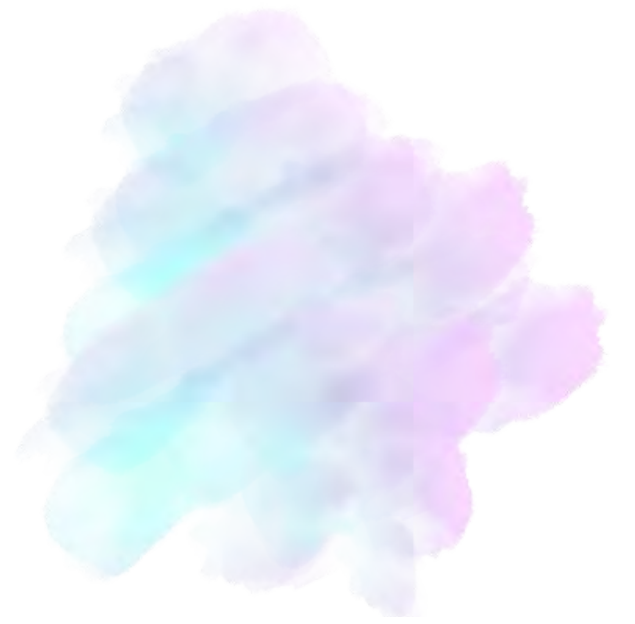
Office - Across from the Pool



Tuesday, December 2 - Foam Art with Jenny - 1:00-2:00

Try this new and exciting form of art with us using foam, run by a very special guest: Jenny!

Cost: \$40 **Location:** KCC **Format:** Sign-up



Thursday, December 4 - Holiday Crock A Doodle - 1:00-2:00

Surprise a loved one this holiday season with a hand painted pottery gift! When signing up, please choose one of the options below to paint!



MIRRORBALL ORNAMENT



REINDEER PARTY ANIMAL



LET IT SNOW WORD PLAQUE



MOCHA MUG

Cost: \$45 **Location:** KCC **Format:** Sign-up

Friday, December 5 - Baking Friday - Ukrainian Honey Babka - 1:00 - 2:30

These soft, fluffy cakes are perfect to serve Santa on Christmas Eve! With their honey flavour and decadent texture, these are sure to be his favourite snack!

Cost: \$33 **Location:** CCCC **Format:** Sign-up



Tuesday, December 9 - Holiday Crafts - 1:00-2:00

It's that time of the year again! Join us as we make a variety of beautiful holiday ornaments to decorate your tree or house, as well as holiday cards to send out to loved ones!

Cost: \$30 **Location:** KCC **Format:** Sign-up



Tuesday, December 9 - Holiday Party - 6:00 - 7:30

The Best of Friends are joining us for our famous annual holiday party, with a special visit from Santa Claus! Enjoy music, snacks, and holiday cheer at this party!

Cost: \$40 **Location:** Sunbeam Gym **Format:** Sign-up



Thursday, December 11 - Ukrainian Star Wands - 1:00-2:00

Known as “Zirka” in Ukrainian, these star wands are carried by carolers who go from house to house around the holiday season, bringing good wishes to the residents. Join us as we make these beautiful wands to give our own good wishes to the world!

Cost: \$30 **Location:** KCC **Format:** Sign-up



Friday, December 12 - Baking Friday - Scuffle - 1:00 - 2:30

These cinnamon twists, similar to a cinnamon croissant, are perfect for breakfast, afternoon tea, a midnight snack, or anytime you’re looking for a cozy warm delicious treat!

Cost: \$33 **Location:** CCCC **Format:** Sign-up



Tuesday, December 16 - Ugly Sweater Dance - 1:00-2:00

Get into the holiday spirit and wear your ugly holiday sweaters for this fun dance!

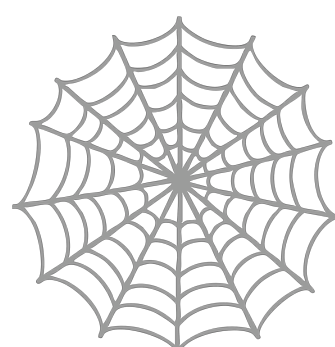
Cost: \$17 **Location:** Sunbeam Gym **Format:** Sign-up



Thursday, December 18 - Christmas Spider - 1:00-2:00

The Ukrainian Christmas Spider is known to spin gold and silver webs on Christmas morning, bringing good luck and fortune! Come make one to help decorate your tree this season as well!

Cost: \$30 **Location:** KCC **Format:** Sign-up



Friday, December 19 - Baking Friday - Holiday Cookie Decorating - 1:00 - 2:30

We LOVE cookies during the holidays, especially decorating them! Join us as we make and decorate some yummy cookies to enjoy!

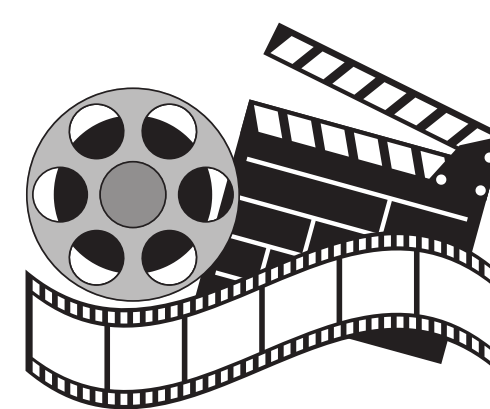
Cost: \$33 **Location:** CCCC **Format:** Sign-up



Sunday, December 21 - Sunday Funday - PJ Movie Day - 11:00 - 2:00

Winter means cozy and warm indoor activities, so bring your PJs, blankets, and stuffed animals for this cozy movie in our own gym with friends! don't forget your lunch!

Cost: \$30 **Location:** Sunbeam Gym **Format:** Sign-up



Tuesday, December 23 - Grinch Slime - 1:00-2:00

The Grinch is ready for Christmas, so let's help him make some icky sticky slime to play with!



Cost: \$30 **Location:** Classroom 4 **Format:** Sign-up

Tuesday, December 30 - Winter Wonderland Scene - 1:00-2:00

Brrrrr... It's cold outside! Bring some of the beautiful winter outdoors, indoors, with these adorable winter scenes you'll want to keep displayed all year round!

Cost: \$30 **Location:** Classroom4 **Format:** Sign-up



Wednesday, December 31 - New Year's Eve Party Potluck - 11:00 - 1:00

Help us end our last program of the year with a bang! All participants, staff included, can bring a delicious dish for our New Year's potluck! Enjoy games, crafts, treats, and of course, our noon ball drop!

Cost: \$40 **Location:** Sunbeam Gym **Format:** Sign-up



Terms of Participation

- Participants must be accompanied by a support person (CLS/RPN/Family member) for the duration of the event if they require support to fully participate or require medical or safety support.
- Support person/s will be expected to assist participants so that they are able to participate fully for the entire program
- Participants are asked to not attend a program if they are feeling unwell
- Medications and Feeds will not be administered by Recreation and Wellness staff
- Transportation to and from all events must be arranged by Support Person
- All fees for programs will be charged to participant passport after the program has taken place. If signing up through My Community Hub, cost will be charged at time of registration.
- Program fees include cost for passport hours of event and any supplies needed unless otherwise specified.
- If a participant is unable to attend an event please cancel within 24 hours of the program start time. If there is no cancellation within 24 hours, the participant will be charged for the program.
- If a program is at capacity, a waitlist will be established. If a spot becomes available the participant on the waitlist will be offered a spot at least 24 hours before the program start time.
- If food is provided at a program, please give dietary restrictions/allergies at time of registration.
- For Sunbeam persons served, please email **m.hunter@sunbeamcommunity.ca** with the following:
 - *Name and Time of the Program/s
 - *Name of Person/s Served that are attending
 - *Name of Support Person attending with persons served
- For community participants, please go to My Community Hub to register at **<https://mycommunityhub.ca>**

SUNBEAM BOARDING PASS

FLIGHT 3610

Recreation
and Wellness
Sunbeam Community & Developmental Services

UKRAINE ----> **SCOTLAND**

DEPART: KYIV, UKRAINE DECEMBER 31

ARRIVE: EDINBURGH, SCOTLAND JANUARY 1

