



SUNBEAM

NEWSLETTER

2025, A Summer to Remember

This summer was filled with joy, laughter, and unforgettable moments shared by everyone at CLS. From exciting outdoor adventures to creative indoor activities, each gathering brought us closer together. We enjoyed sunny afternoons filled with games, music, and laughter, as well as quieter times making crafts, telling stories, and simply enjoying each other's company.

Highlights included lively community outings, special themed days, and spontaneous moments of fun that reminded us how much we value being together. Every activity left us with happy memories and stories to tell.

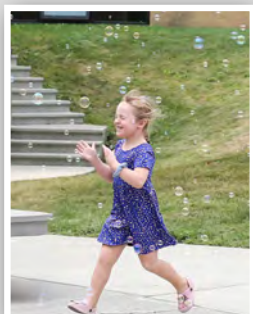
This summer wasn't just about what we did; it was about the connections we made and the joy we created together.

Here's to a summer that will always hold a special place in our hearts!

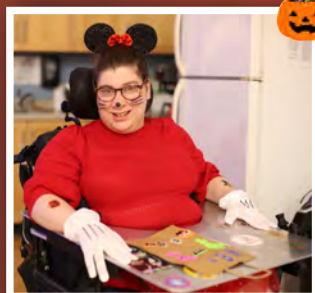
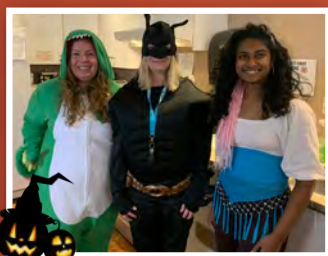


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A Hauntingly Good Time



The Day Program and Recreation & Wellness Team hosted a spooktacular Halloween celebration filled with creativity, fun, and festive spirit!

Participants dressed up in costumes and went trick-or-treating throughout various locations at the Kingsway Campus. Some unleashed their artistic talents by crafting spooky decorations and designing their own unique trick-or-treat bags.

The Recreation and Wellness group added a delicious twist to the day by preparing personalized spooky pizzas for lunch, which were both creepy and tasty!

The festivities wrapped up with a lively Halloween Dance in the gym, bringing everyone together for music, movement, and memorable moments.



Recreation and Wellness

Sunbeam Community & Developmental Services

Improving quality of life through recreation and connection

Everyone deserves fun, friendship, and community. Our inclusive activities bring people together while supporting both physical and emotional well-being.

Join the fun!
Explore upcoming activities at sunbeamcommunity.ca/recreation-wellness-program/

Supporting families with evidence-based ABA
At Sunbeam's Brightside ABA Services, we support children and their families with personalized, evidence-based Applied Behaviour Analysis (ABA), tailored to meet your child's needs.

Our vision is the same as yours, to support your child in reaching their full potential
To book a consultation, please call 519-741-1121 to speak with a Brightside Intake Coordinator. Visit <https://brightsideabaservices.com/> to learn more.

Leadership in Motion: Welcoming our New Board Members

Sunbeam's Board of Directors comprises dedicated community leaders who generously volunteer their time and expertise to support our governance and strategic direction, in collaboration with the CEO and senior leadership team.

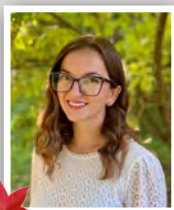
We are pleased to welcome four new members—Jessica, Ted, Tesa, and Brittany—who joined the Board this fall. Their insights and commitment will further strengthen our mission.



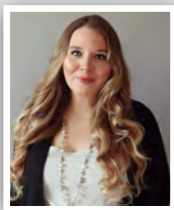
Jessica
Bondy



Ted
Giesbrecht



Tesa
Martin



Brittany
Roka

Happy Holidays!

As the year comes to a close, we're filled with gratitude for our incredible community — people like you who believe in making a difference. Your support, compassion, and commitment have helped us to provide "Inclusive communities where people of all abilities are valued" throughout the year.

This season reminds us of the power of kindness, belonging and connection. Whether you've donated, volunteered, shared our message, or simply believed in our mission, you've been part of something truly meaningful. Together, we've shown that when hearts unite, real change is possible.

As we look ahead to the new year, we remain inspired by the sense of community and hope that serves as the foundation of our work. There's still so much to be done, and with your continued support, we know we can create an even brighter future for everyone at the Sunbeam Community.

From all of us at Sunbeam, thank you for standing with us and for spreading light where it's needed most. May your holidays be filled with warmth, joy, and peace, and may the coming year bring renewed energy, compassion, and purpose.

With heartfelt gratitude,

Connie Smith
Board President

Brian Swainson
Chief Executive Officer

Creating Home- A Gathering of Families and Possibilities



This fall, Developmental Services Ontario- Central West Region hosted **Creating Home- A Gathering of Families and Possibilities** in Milton, bringing together 19 families and individuals to explore future housing options for their loved ones. The day began with a warm icebreaker focused on what makes a welcoming home, setting the tone for connection and collaboration.

A brief DSO presentation showcased real-life housing solutions, community partners, and planning tools. Participants then joined small-group discussions to reflect on housing goals, timelines, and support needs. Families shared challenges—like securing 24-hour care and navigating legislation—and successes using tools such as Microboards, Registered Disability Savings Plans, and community networks.

The event ended with a strong sense of hope and belonging, as families found encouragement and inspiration in each other's journeys toward inclusive futures.



Christina Hall, DSO Housing Navigator

Compassion in Action: Supporting Sunbeam's Hospital Care Program

Hospital stays can be especially difficult for individuals with developmental disabilities, who often face communication barriers and complex medical needs.

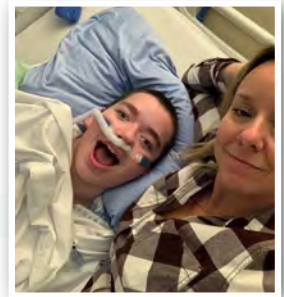
Sunbeam's Hospital Care Program ensures no one faces these challenges alone. Trained Direct Support Professionals accompany clients during hospital visits, offering emotional support, facilitating communication, and advocating for compassionate care.

Shawn, who lives in one of Sunbeam's Inclusive Community Living homes, sometimes requires hospital stays lasting days or even months. His mom, Shelley, shared:

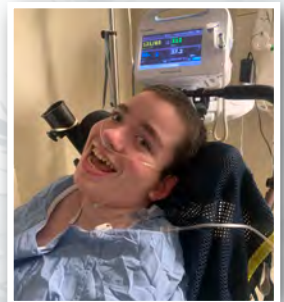
"The Hospital Care Program is a life-saving service. This Program gives families peace of mind and ensures loved ones, like Shawn, receive the care and dignity they deserve."

Ensure no one faces a hospital stay alone. Your support makes the Hospital Care Program Possible.

Donate today: <https://sunbeamcommunity.ca/donate/> or call 519-893-6200



Shawn & his mom, Shelley



Learn more: <https://sunbeamcommunity.ca/sunbeam-hospital-care-program/>



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Donate

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