



Travel to **BRAZIL**

FEBRUARY 2026

Happy February!!

This month we are travelling to Brazil! Brazil is known for it's soccer, rainforests, delicious food, and fun, energetic music!

All Tuesday/Thursday afternoon programs will be offered at **The Kingsdale Community Centre (KCC).**

All Friday Baking Programs will be at Centreville Chicopee Community Centre (CCCC).

Please also make sure to take note of **special event location and other location changes.**

If you have any comments, questions, or concerns, please contact us:

Michelle Hunter
m.hunter@sunbeamcommunity.ca
519-893-6200 ext. 1211

Office - Across from the Pool



Tuesday, February 3 - Parrot Craft - 1:00-2:00

These beautiful colourful birds are all over South America, but they've especially made their homes in the Brazilian rainforests! Join us as we make our own parrot friends!

Cost: \$30 **Location:** KCC **Format:** Sign-up

Thursday, February 5 - Crock-A-Doodle - 1:00-2:00

Valentine's day means gift giving, and what better gift than a hand-painted plant pot that comes with seeds from us! When signing up, please pick one of the pots below to paint!

Cost: \$50 **Location:** KCC **Format:** Sign-up



FLOWER POT SMALL



PLANTER ANIMAL



PRISMWARE PLANTER
SMALL



VASE SQUARE HERB

Friday, February 6 - Baking Friday - Nega Maluca - 1:00 - 2:30

This traditional Brazilian chocolate cake is exceptionally rich and moist from its oil and hot water base!



Cost: \$33 **Location:** CCCC **Format:** Sign-up

Tuesday, February 10 - Valentine's Day Dance - 1:00-2:00

No dance partner? Don't worry! Join us for this fun friends red, white, and pink themed dance!



Cost: \$17 **Location:** Sunbeam Gym **Format:** Sign-up

Tuesday, February 10 - Karaoke Night - 5:30-7:00

We're going back to Edelweiss Tavern for this exciting karaoke night! Bring your friends and family, and sing the night away!

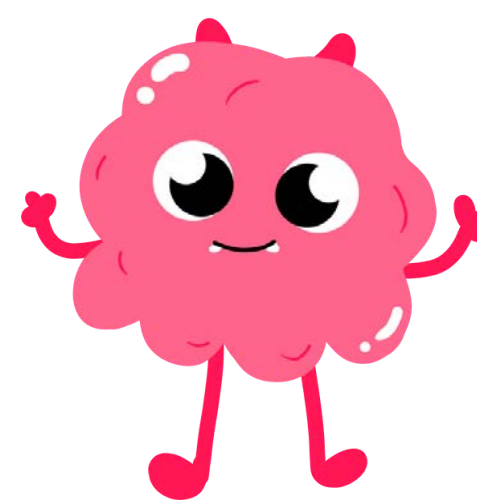
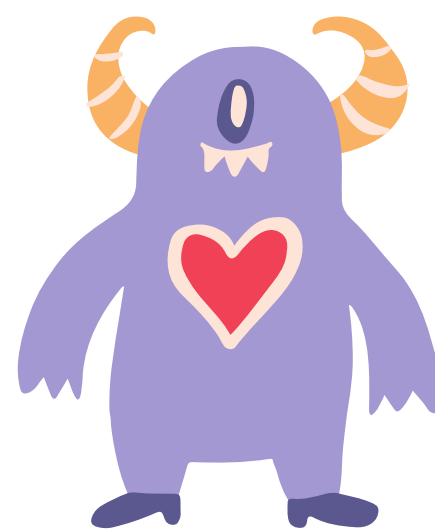
Cost: \$45 **Location:** Edelweiss **Format:** Sign-up



Thursday, February 12 - Valentine's Monsters - 1:00-2:00

These adorable creatures are so cute you'll want to keep these love bugs up all year round! Join us as we make our own valentines creatures this love-filled season!

Cost: \$30 **Location:** KCC **Format:** Sign-up



Friday, February 13 - Baking Friday - Pau De Quejo - 1:00 - 2:30

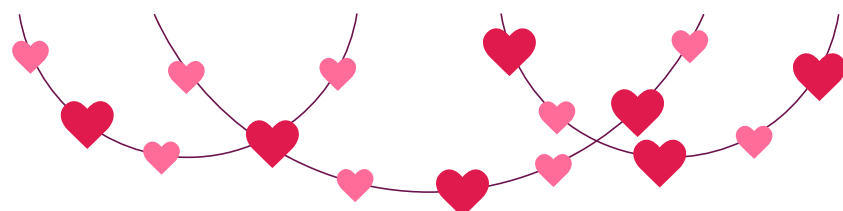
Also known as Brazilian cheese bread, these naturally gluten-free pastries are soft and chewy on the inside, with a slightly crunchy outside, and are a breakfast and snack staple in this beautiful country! Join us as we make this important Brazilian dish!



Cost: \$33 **Location:** CCCC **Format:** Sign-up

Saturday, February 14 - Valentine's Fun Day - 10:00-2:00

We'll start off with making a delicious lunch and tasty dessert, then we'll watch a movie, and even have time for a craft! A packed busy day full of lots of fun that you don't want to miss!



HAPPY
VALENTINE'S
DAY ♥

Cost: \$60 **Location:** KCC **Format:** Sign-up

Tuesday, February 17 - Brazilian Bingo - 1:00-2:00

Yell "BINGO" and win some fun prizes as our bingo days are back with a fun Brazilian theme!

Cost: \$30 **Location:** KCC **Format:** Sign-up



Thursday, February 19 - Snake Finger Puppets - 1:00-2:00

Brazil is full of rainforests, and that means snakes! YIKES! There's nothing to be scared of with these little guys around your finger though!

Cost: \$30 **Location:** KCC **Format:** Sign-up



Friday, February 20 - Baking Friday - Brazilian Salsa - 1:00 - 2:30

Usually served with a meat, this refreshing salsa is made with an assortment of fresh vegetables and is different than the typical Mexican salsa you might be used to as it has a vinegar base instead of lemon.



Cost: \$33 **Location:** CCCC **Format:** Sign-up

Tuesday, February 24 - Birthday Carnival Cone - 1:00-2:00

It's time to celebrate our February birthdays, and what better way to do it than with a carnival cone! Carnival cones are filled with delicious snacks and treats to walk around the carnival. Come make your own in this program, and get some cool treats with it!



Cost: \$30 **Location:** KCC **Format:** Sign-up

Thursday, February 26 - Samba Dancer - 1:00-2:00

Samba is one of the most important cultural dances in Brazil, danced all over the country. Join us as we make our own adorable samba dancers in this crafty program!



Cost: \$30 **Location:** KCC **Format:** Sign-up

Friday, February 27 - Open Gym - 1:00 - 2:30

Finish your week off with some running, shooting hoops, dodgeball, you name it, you got it, at this energetic and exciting gym program!

Cost: \$33 **Location:** CCCC **Format:** Sign-up



Terms of Participation

- Participants must be accompanied by a support person (CLS/RPN/Family member) for the duration of the event if they require support to fully participate or require medical or safety support.
- Support person/s will be expected to assist participants so that they are able to participate fully for the entire program
- Participants are asked to not attend a program if they are feeling unwell
- Medications and Feeds will not be administered by Recreation and Wellness staff
- Transportation to and from all events must be arranged by Support Person
- All fees for programs will be charged to participant passport after the program has taken place. If signing up through My Community Hub, cost will be charged at time of registration.
- Program fees include cost for passport hours of event and any supplies needed unless otherwise specified.
- If a participant is unable to attend an event please cancel within 24 hours of the program start time. If there is no cancellation within 24 hours, the participant will be charged for the program.
- If a program is at capacity, a waitlist will be established. If a spot becomes available the participant on the waitlist will be offered a spot at least 24 hours before the program start time.
- If food is provided at a program, please give dietary restrictions/allergies at time of registration.
- For Sunbeam persons served, please email **m.hunter@sunbeamcommunity.ca** with the following:
 - *Name and Time of the Program/s
 - *Name of Person/s Served that are attending
 - *Name of Support Person attending with persons served
- For community participants, please go to My Community Hub to register at **<https://mycommunityhub.ca>**

SUNBEAM BOARDING PASS

FLIGHT 349

BRAZIL ----> **IRAN**

DEPART: SAO PAULO, BRAZIL FEBRUARY 28

ARRIVE: TEHRAN, IRAN MARCH 1

Recreation
and Wellness
Sunbeam Community & Developmental Services

