

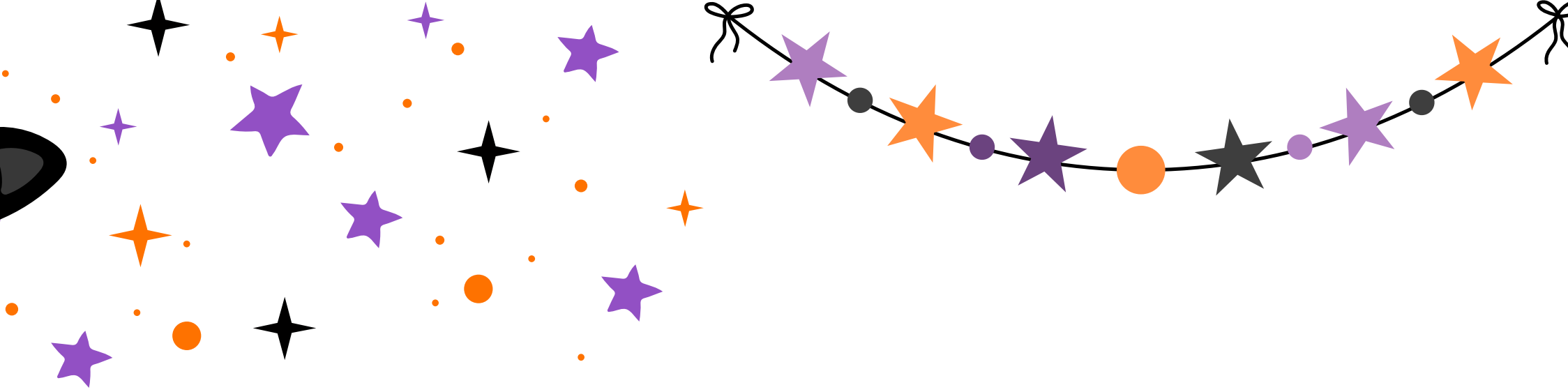


Giving Thanks

**GATHER, GIVE THANKS
AND FEAST TOGETHER**



OCTOBER 2026



Happy October!!

This year's theme is a little bit different. We will be exploring the beauty of nature and what it has to offer! This month, we will be exploring giving thanks in our harvest season.

All Tuesday/Thursday afternoon programs will be offered at **Kingsdale Community Centre (KCC)**.

Friday Baking Programs will be at **Centreville-Chicopee Community Centre (CCCC)**.

Please also make sure to take note of **special event location and other location changes**.

If you have any comments, questions, or concerns, please contact us:

Michelle Hunter
m.hunter@sunbeamcommunity.ca
519-893-6200 ext. 1211

Office - Across from the Pool



Thursday, October 1 - Turkey Craft - 1:00-2:00

October means turkey season! Join us to make these adorable feathered friends to decorate your house. These ones are too cute to eat!



Cost: \$30 Location: KCC Format: Sign-up

Friday, October 2 - Baking Friday - Pumpkin Chai Muffins - 1:00-2:30

Nothing screams fall like pumpkins and chai lattes! These muffins filled with real pumpkin and the warm spices of chai are the perfect fall snack you'll want to make all season!



Cost: \$33 Location: CCCC Format: Sign-up

Tuesday, October 6 - Fabric Pumpkins - 1:00-2:00

These adorable little pumpkins make the perfect decor for your table this fall, and will be perfect right beside your turkey on the table! Choose patterns, colours, sparkles, no one's seen pumpkins like this before!



Cost: \$30 Location: KCC Format: Sign-up

Thursday, October 8 - Thanksgiving Wreath - 1:00-2:00

This wreath is the perfect way to celebrate Thanksgiving! Display what you are thankful for on each leaf, and celebrate with the beauty of the colourful fall leaves!



Cost: \$30 Location: KCC Format: Sign-up

Friday, October 9 - Baking Friday - Spaetzle - 1:00-2:30

Get into the Oktoberfest spirit with this simple but delicious German side dish! Traditionally served with just butter and parsley, this German egg noodle pairs great with any dish!



Cost: \$33 Location: CCCC Format: Sign-up



Tuesday, October 13 - Thanksgiving Potluck Concert- 12:30-2:00

Thanksgiving isn't complete without lots of leftovers, and even more food! Bring your leftovers, or recreate your favourite part of your Thanksgiving meal and bring it to this potluck to share with friends. Enjoy a concert from the Best of Friends as well!



Cost: \$40 **Location:** KCC **Format:** Sign-up

Thursday, October 15 - Oktoberfest Party - 1:00-2:00

Come celebrate Oktoberfest with us! Enjoy lively music, festive fun, and German tradition as we celebrate good times and great company. Ein Prosit!



Cost: \$30 **Location:** KCC **Format:** Sign-up

Friday, October 16 - Baking Friday - Pumpkin Pasties - 1:00-2:30

Inspired by the pumpkin pasties from Harry Potter, these handheld pumpkin pies are a magically easy and mess free treat to enjoy with a nice warm drink!



Cost: \$33 **Location:** CCCC **Format:** Sign-up

Tuesday, October 20 - Bat Craft - 1:00-2:00

The wind howling, bats flying... so spooky! Join us to make these spooky bats to hang around your house. How many people will you scare?

Cost: \$30 **Location:** KCC **Format:** Sign-up

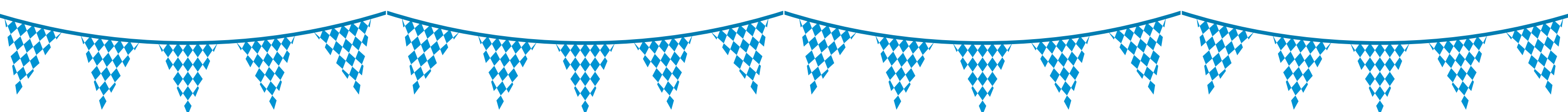


Thursday, October 22 - Ghost In A Jar - 1:00-2:00

Luckily, the Ghost Busters came to Sunbeam and caught these adorable ghosts for us! Phew! Come make your very own ghost in a jar, but make sure to keep that lid shut tight!



Cost: \$30 **Location:** KCC **Format:** Sign-up



Friday, October 23 - Baking Friday - Witch Hat Cookies - 1:00-2:30

The goblins, goons, and witches are out! Make these spooky witch hats with us! But don't worry, the only spells here are to your tastebuds!



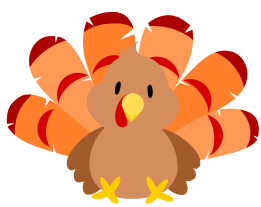
Cost: \$33 **Location:** CCCC **Format:** Sign-up

Tuesday, October 27 - Halloween Dance - 1:00-2:00

Ghouls just wanna have fun! Come show off your spooktacular dance moves at our Halloween Dance! Make sure to come dressed up! Who will have the best costume?



Cost: \$17 **Location:** Sunbeam Gym **Format:** Sign-up



Tuesday, October 27 - Halloween Movie - 5:00 - 7:30

Ghosts and goblins, witches and ghouls, everyone's gathering for a spooky Halloween movie at Sunbeam this chilling evening! The movie will be announced day of!



Cost: \$20 **Location:** Sunbeam Gym **Format:** Sign-up



Thursday, October 29 - Halloween Party - 1:00-2:00

Spooky season is in its' prime this week! With spooky games, activities, treats, and more, Halloween can't get more exciting than this!



Cost: \$30 **Location:** KCC **Format:** Sign-up

Friday, October 30 - Baking Friday - Witches Brew/Monster Munch - 1:00-2:30

It may be green, but there's no kale in this brew! Lime sherbert is the secret to this delicious drink! Paired with a crunchy sweet snack, it's perfect for a Halloween movie snack!



Cost: \$33 **Location:** CCCC **Format:** Sign-up

Saturday, October 31 - Halloween Fun Day - 10:30-2:00

Today's the big day! Join us for a spooktacular halloween fun day! In the morning we will make some spooky pizzas, followed by pumpkin carving, just in time to put out for trick-or-treaters!



Cost: \$60 **Location:** Sunbeam Gym **Format:** Sign-up



Terms of Participation

- Participants must be accompanied by a support person (CLS/RPN/Family member) for the duration of the event if they require support to fully participate or require medical or safety support.
- Support person/s will be expected to assist participants so that they are able to participate fully for the entire program
- Participants are asked to not attend a program if they are feeling unwell
- Medications and Feeds will not be administered by Recreation and Wellness staff
- Transportation to and from all events must be arranged by Support Person
- All fees for programs will be charged to participant passport after the program has taken place. If signing up through My Community Hub, cost will be charged at time of registration.
- Program fees include cost for passport hours of event and any supplies needed unless otherwise specified.
- If a participant is unable to attend an event please cancel within 24 hours of the program start time. If there is no cancellation within 24 hours, the participant will be charged for the program.
- If a program is at capacity, a waitlist will be established. If a spot becomes available the participant on the waitlist will be offered a spot at least 24 hours before the program start time.
- If food is provided at a program, please give dietary restrictions/allergies at time of registration.
- For Sunbeam persons served, please email **m.hunter@sunbeamcommunity.ca** with the following:
 - *Name and Time of the Program/s
 - *Name of Person/s Served that are attending
 - *Name of Support Person attending with persons served
- For community participants, please go to My Community Hub to register at **<https://mycommunityhub.ca>**



Coming Soon...

NOVEMBER 2026

Remembering the Past

