Here's to Celebrating

December 2026

sunbeam
COMMUNITY & DEVELOPMENTAL SERVICES

Come join us!
A month packed with adventure.

Recreation and Wellness
Sunbeam Community & Developmental Services







Happy December!!

This year's theme is a little bit different. We will be exploring the beauty of nature and what it has to offer! This month, we will be celebrating in our harvest season.

Most Tuesday/Thursday afternoon programs will be offered at **Kingsdale Community Centre (KCC).**

Friday Baking Programs will be at **Centreville-Chicopee Community Centre (CCCC).**

Please also make sure to take note of **special event location and other location changes.**

If you have any comments, questions, or concerns, please contact us:

Michelle Hunter
m.hunter@sunbeamcommunity.ca
519-893-6200 ext. 1211
Office - Across from the Pool









Tuesday, December 1 - <u>Holiday Ornaments</u> - 1:00-2:00
We provide the materials, and you can get creative with this ornament making program! Make these to decorate your tree, chair, house, whatever you'd like, and get into the holiday spirit!!

Cost: $30 **Location:** KCC **Format:** Sign-up



Thursday, December 3 - <u>Snow Globes</u> - 1:00-2:00
The best part of winter, is staying inside when it snows outside, but we can bring the snow inside and have it all year around with this program! Join us to make these adorable snow globes to shake and watch the snow fall wherever you are!

Cost: $30 **Location:** KCC **Format:** Sign-up



Friday, December 4 - <u>Baking Friday - Grinch Cookies</u> - 1:00-2:30
You're a tasty one, Mr. Grinch! The Grinch may be mean, but these Grinch cookies he makes are delicious! With Peppermint flavour and their bright green colour, these cookies are sure to make your heart full!

Cost: $33 **Location:** Life Skills **Format:** Sign-up



Tuesday, December 8 - <u>Dance</u> - 1:00-2:00
Wear your Ugly holiday sweaters and festive clothing for this fun festive holiday dance!

Cost: $17 **Location:** Sunbeam Gym **Format:** Sign-up

Thursday, December 10 - <u>Penguin Poppers</u> - 1:00-2:00
You may have heard of Christmas Crackers, but have you heard of Penguin Poppers?! Fill these up and watch them fly to help celebrate the holidays!



Cost: $30 **Location:** KCC **Format:** Sign-up

Friday, December 11 - <u>Baking Friday - Cranberry Bliss Bars</u> - 1:00-2:30

One of our all time favourite recipes, we're bringing back cranberry bliss bars! A copycat of the Starbucks recipe, this shortbread base with sweet white chocolate, tangy cranberries, and a little hint of orange is the perfect combination to celebrate the holidays and share with family!



Cost: $33 **Location:** CCCC **Format:** Sign-up

Tuesday, December 15 - <u>Holiday Bingo</u> - 1:00-2:00

Our last bingo of the year, this holiday themed bingo is perfect to get you into the holiday spirit and win some fun holiday themed prizes! What will you win?



Cost: $30 **Location:** KCC **Format:** Sign-up

Thursday, December 17 - <u>Holiday Paper Towel Roll Crafts</u> - 1:00-2:00

Using paper towel rolls, we will show you how to make a variety of holiday crafts, including a tree, snowman, polar bear, and a penguin! How cute is that!

Cost: $30 **Location**: KCC **Format**: Sign-up





Friday, December 18 - <u>Baking Friday - Toffee Cookie Bars</u> - 1:00-2:30

Your house is going to be Santa's favourite with these cookie bars! With bits of toffee, m&m pieces, and a chewy cookie base, these toffee cookie bars are an absolute Holiday must!



Cost: $33 **Location**: CCCC **Format**: Sign-up





Tuesday, December 22 - <u>Holiday Lights Suncatchers</u> - 1:00-2:00
The Holiday season is all about lights, and enjoying the sunshine when we can! Embrace both with these holiday light suncatchers.



Cost: $30 **Location**: KCC **Format**: Sign-up

Tuesday, December 22 - <u>Holiday Movie</u> - 6:00-7:30
The Holidays aren't complete without watching a holiday movie in your cozy pjs! Join us for this movie theatre style movie with all your friends!





Cost: $30 **Location**: Sunbeam Gym **Format**: Sign-up

Thursday, December 24 - <u>Cookie Decorating Birthday Party</u> - 1:00-2:00
Cookies are a very important part of the holidays, so let's bring everyone together to decorate some for this birthday party! Cookies, icing, sprinkles, what a way to celebrate!





Cost: $30 **Location:** Life Skills **Format:** Sign-up

Tuesday, December 29 - <u>Buddy the Elf Scavenger Hunt</u> - 10:30-12:30
Help! Buddy the Elf has lost all his candy and he needs help finding it all again! Come to this program to help Buddy in this fun scavenger hunt around the building, and don't forget to bring some nice warm soup to enjoy with Buddy after to celebrate!





Cost: $40 **Location**: Sunbeam Gym **Format**: Sign-up

Thursday, December 31 - <u>New Year's Eve Party</u> - 11:00-2:00
We've all been waiting for our annual New Years Eve party! Count down to Noon, potluck, games, and crafts, it's the party of the year! You don't want to miss it!



Cost: $40 **Location:** Sunbeam Gym **Format:** Sign-up

Terms of Participation

- Participants must be accompanied by a support person (CLS/RPN/Family member) for the duration of the event if they require support to fully participate or require medical or safety support.
- Support person/s will be expected to assist participants so that they are able to participate fully for the entire program
- Participants are asked to not attend a program if they are feeling unwell
- Medications and Feeds will not be administered by Recreation and Wellness staff
- Transportation to and from all events must be arranged by Support Person
- All fees for programs will be charged to participant passport after the program has taken place. If signing up through My Community Hub, cost will be charged at time of registration.
- Program fees include cost for passport hours of event and and any supplies needed unless otherwise specified.
- If a participant is unable to attend an event please cancel within 24 hours of the program start time. If there is no cancellation within 24 hours, the participant will be charged for the program.
- If a program is at capacity, a waitlist will be established. If a spot becomes available the participant on the waitlist will be offered a spot at least 24 hours before the program start time.
- If food is provided at a program, please give dietary restrictions/allergies at time of registration.
- For Sunbeam persons served, please email **m.hunter@sunbeamcommunity.ca** with the following:

  *Name and Time of the Program/s

  *Name of Person/s Served that are attending

  *Name of Support Person attending with persons served
- For community participants, please go to My Community Hub to register at **https://mycommunityhub.ca**

COMING SOON...

Winter Wonderland

Season

BOOKS

January 2027